

# Transplant NSW/ACT

Supported by Dooleys Catholic Club, Lidcome & NSW Sport and Recreation

Winter.... Crookwell



Hi Everyone!

Its been a long time between newsletters and my apologies for such a long delay. A lot has happened this year and hopefully this will catch everyone up, with the Christmas Party on 29th November 2015 being our last event for this year! We hope that many of you can come!

So Don't forget.....

29th November 2015

Cars Park Kogarah NSW

Kids Santa will be there with presents!!!!

Come along everyone , relax and enjoy celebrating together!

**CHRISTMAS PARTY 29th November 2015**

**Carrs Park 10 am Kogarah NSW**

Santa and Games, it's a great day next to the water. BYO Drinks, chairs, nibbles

Free for members and \$5 for Non members.  
Bring your family and friends.

**Very Important:** Please RSVP to Heather or Margaret and also with numbers of children attending, their names, and ages to help out Santa's list of presents



## the year that was... 2015

### Sailing

We've had various events over the year, starting with our Sailing day at Dobroyd Point which is always great fun. The kids especially love it and Sailability helps us out with the boats and all the training.

Narrabeen weekend is always a great weekend to try new sports, meet new people and enjoy a relaxing and healthy time out (the food is great!!!). Petanque was a great day and this time we didn't get rained out! Ten pin bowling was held in July and only a few came (it was a cold winter!) but those that went enjoyed it. The Miracle dinner was held in June and the World games in Argentina were later in the calendar. A long weekend in October up at Lake Cathie was a fun time together with a great mix of people and we had warm weather and sunshine! So, think about joining in next year!

### Narrabeen Weekend away

### Petanque



## Miracle Dinner 20<sup>th</sup> June 2015

Gloria and Gary  
Lowe (Jnr) gave  
the Shield to  
the supporter  
Sandra Walton

The Darby  
Shield to the  
Recipient goes  
to Michelle  
Daley

The Ben  
Harrison Shield  
for Donor was  
awarded to  
Colleen Birnie

Greg Mc Cullum  
was our MC &  
Steven Clarke, 1st  
Grade referee our  
guest speaker

THANKYOU  
to all the  
committee  
that helped  
organise this  
event!!!

The Miracle dinner this year was held at Dooleys Catholic Club in Lidcombe and was a blue and white theme to reflect the upcoming World Games to be held in Argentina in August 2015.

We had a great attendance of approximately 100 people and our food was excellent! (Notice the theme of food coming through again, its always a great way to celebrate together!!!) Thanks to all who organised this event, it was a great night!





## World Transplant Games Argentina 2015

The World Games in Argentina was a chilly start with cold weather but warm hearts as athletes competed, won medals, met new people and saw old friends. We were entertained by the Tango, feasted on Argentine beef and came 13th in the world, even with our small team! Congratulations to all who competed and also to the supporters that yelled and cheered them on.

We just wanted to share some of the photos with you.

Unfortunately the photographer could not be in all places so here are just a few....we are very proud of all of the Athletes who participated as well as the supporters who cheered them on! More information can be seen on the website and Facebook page.

### Vale



Ian Hill

Every time we hear of losing someone in our Transplant family it is with such sadness that we let our members know but it is also important for the families and friends to know we are thinking of them and will never forget the good times we shared together. While the World games were on in Argentina some of us heard of Ian Hill's passing and we are so sad for Margaret, Mitchell, Zoe and the family. Also Audrey Wood passed away recently and another member of NSW who had moved to WA was Jill Coughran .

Our thoughts go out to the families and friends. We will miss them.

## Points System for NSW

### Contacts:

**Chairperson:**  
Mick Kennedy  
0408463021

**Secretary:**  
Heather Edgell  
9531 2589

**Treasurer:**  
Margaret Hill  
4936 2722

**Welfare  
Officer:**  
Lavinia  
Foote Morid

**Barbara Lee**

**Newsletter:**  
Sandra Walton

Some people may be unaware that all the activities our group runs, including our Miracle Dinner, that you attend, can financially help support you going to either the National or World games!

So that means you can use these "points" to help you financially towards the cost of going to Sydney next year for the Australian Transplant Games or Malaga in Spain the year after or both!

WHAT, I hear you say? This is how its works.

### HOW TO EARN POINTS

ATTEND BRANCH MEETINGS.  
ORGANISING AND MANAGE DEVELOPMENT DAY'S  
ATTEND THANKS GIVING SERVICES  
ATTEND PRE MIRACLE DINNER MEETINGS  
ATTENDANCE AT DINNER  
BRINGING GUESTS TO THE DINNER  
PROVIDE PRIZES TO VALUE OF \$10 \$20 \$50 AND OR PRIZES FOR SILENT AUCTION  
HELPING ON THE DAY OF THE DINNER  
THOSE TRAVELLING OUT OF THEIR REGION TO ATTEND EVENTS  
SELLING RAFFLE TICKET'S FOR NSW BRANCH  
OTHER ACTIVITIES DEEMED REWARDABLE BY COMMITTEE  
COMMUNITY TALKS, PROMOTING ORGAN AND TISSUE  
AWARNESS    ATTEND SEMINARS AND FORUMS

INTRODUCE NEW MEMBERS TO:

**We're on the Web**

See us at:

[www.facebook.com/TransplantNSW](http://www.facebook.com/TransplantNSW)

[ta.nsw@outlook.com.au](mailto:ta.nsw@outlook.com.au)

**TRANSPLANT AUSTRALIA NSW**

TRANSPLANT AUSTRALIA LTD

NSW BRANCH  
PO BOX 325  
KURRI KURRI  
NSW 2327

**To Recipients Supporters and Donor's Competing in the Games**

The committee of NSW Branch of Transplant Australia is running their point's scheme again to enable you to receive some financial support for you to compete in the next Games.

This is to encourage recipient, supporters and donor's competitors to participate in Branch activities including social, sporting, meetings, AGM and major activities (e.g.) miracle dinner.

For those members in regional areas who wish to participate in the points system you will need to show proof of your activities to the NSW committee.

Parents of recipient children can earn the points for there children by participating in point system.

Recipients, Supporters and Donors can only claim point's assistance from the state that they reside in and only from **ONE STATE**

Funds raised will only be deducted from your account to attend the games no cash will be given.

Due to the committee not knowing the amount of disposable funds that are raised during the financial year we are unable to give a break down of funds available for distribution.

**HOW IT WORKS**

1. Recipient, Supporters and Donors competitors participating in designated activities or volunteering for specific roles will be awarded points.
2. Points awarded per activity are set by the committee and are not negotiable.
3. The designated event organiser will be responsible for forwarding the attendance record to the committee for the awarding of points.
4. Recipient, Supporters and Donors competitors wishing to partake in the point scheme are required to sign an involvement form stating that they have read and understand the workings of the scheme.
5. Only the participating recipients, supporters and donor's that are currently financial or life members are eligible.
6. Points will only be accrued for the nominated period ending with the Miracle dinner.
7. Funds awarded to the recipient supporters and donor's competitor will be left in a special account till needed.
8. The minimum points to qualify will be 35, maximum is 100 plus. Funds will be awarded according to your points tally.

9. Please do not forget if you do not use your points after two years you can nominate for the money to be awarded to a recipient competitor of your choice from the NSW Branch otherwise the money will automatically return to the NSW Branch account.

APPLICATION FORM  
FOR  
NSW POINT SCHEME

\_\_\_\_\_

FAMILY NAME: (Mr/Mrs/Ms/Miss)

\_\_\_\_\_

FIRST NAME: \_\_\_\_\_ DOB: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_

SUBURB: \_\_\_\_\_ STATE: \_\_\_\_\_ POSTCODE: \_\_\_\_\_

PHONE No: (\_\_\_\_) \_\_\_\_\_ MOBILE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

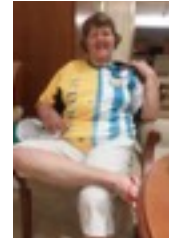
SPORTING INTERESTS: \_\_\_\_\_

SOCIAL INTERESTS: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

If you are participating in the scheme please sign and return to the Secretary at  
Unit 10 12-14 Vista Street  
Caringbah NSW 2229

## World Transplant Games Argentina 2015



Our trip To Mar Del Plata , Argentina was eventful to say the least, so many stories so I will start with this one! Thanks Heather for sharing!

### WORLD TRANSPLANT GAMES 2015.

Well the Games have come and gone

The 20<sup>th</sup> World Transplant Games was held in Mar Del Plata Argentina, this was held from the 23<sup>rd</sup> to 30<sup>th</sup> August 2015

The team which attended and competed was one of the smallest teams but that didn't take away the enthusiasm of our athletes .

NSW members firstly met at Sydney Airport then flew into Auckland where we caught up with majority of the Aussie team for the longest of our journey to Santiago We had an overnight stay at the Hotel Majestic and we had a tour of the city of Santiago which proved to be very interesting. Next day flying to Buenos Aires, then another short flight to the host city of the games Mar Del Plata which is a seaside resort in summer, located on the east coast.

Our accommodation was the Grand Hotel where we met the rest of the team, we had some time to unpack and settle in for our stay.

That night we had a great evening meal in a nearby restaurant where we all experienced some great food .

On this night our flag bearer Murray Rose was announced for the opening ceremony. This was a good decision as Murray has been to many World Transplant Games and is a NSW member.

Our thoughts were always with Margret during the games owing to the passing of Ian , everyone who knew him had a tear in their eye. Although Margaret did not attend the games, on behalf of all the team members I want to thank her for all her hard work she did for the team leading up to the games.



Thank you to Chris Thomas and David Broit for taking on the role as managers of our team; you did a great job at so short notice.

For only a small team we had some great athletes winning many medals. The 50+ NSW members won all the Gold medals; what a great achievement. Bob Kirkbride was our star athlete in Swimming who won 5 Gold Medals and smashed the World Transplant Games record in the 5 events in his age group.

Myself Heather Edgell won 1 Gold in Tenpin Bowling (singles)

1 Gold & 1 Silver in Petanque (singles)

1 Bronze in Petanque (doubles ) with Margaret

Martin.

Michael Kennedy & Tony Harding won Gold in Tenpin Bowling (doubles)

Murray Rose won Silver in Golf.

Clayton Walton competed in various sports, came 6<sup>th</sup> in Tenpin Bowling in his age group and also competed in Badminton.

Thanks to our supporters and Donor families who came along to support the team.

I have written a little bit about our Aussie team at Mel De Plata Argentina and now a little bit about myself.

### Heather Edgell

Just a little bit information of my past years that I have been involved with Transplant Australia and the World Transplant Games .

I had my Kidney Transplant in 1979 (36 years ago)

I started competing in the World Transplant Games in 1987 and I have not missed competing in any games since! That means I have competed in 15 World Transplant Games (approx 30 years).

I started to compete at the age of 41 years and I am now 71 years and still going strong.

I started competing in swimming and my best achievement was in 1993 when I competed in Vancouver Canada where I smashed the World Transplant Games record in 3 of my swimming events in my age group.

I was proud to be the flag bearer for the Aussie team in 1995 in Manchester.

As I have got older I have given up swimming and now compete in Tenpin Bowling and Petanque.

I always say I am one of the lucky one's owing to the generosity of my unknown Donor.

I hope that if my health is still good in the future I will continue to compete.

## Australian Medal Winners at the World Transplant Games, 2015.

Gold: 8

Ten pin bowling Doubles M 50+: Antony Harding & Michael Kennedy - Gold

Ten pin bowling Singles: Heather Edgell F 70+ years - Gold

Swimming 50m freestyle: Robert Kirkbride M 70+ years Gold & World Record

Swimming 100m freestyle: Robert Kirkbride M 70+ years Gold & World Record

Swimming 200m freestyle: Robert Kirkbride M 70+ years Gold & World Record

Swimming 400m freestyle: Robert Kirkbride M 70+ years Gold & World Record

Swimming 800m freestyle: Robert Kirkbride M 70+ years Gold & World Record

Petanque Singles: F 70+ years Heather Edgell Gold

Silver: 6

Ball throw: Matt Spencer M 30-39 years - silver

Ball throw: Alan McKaskill M 60-69 years - silver

Golf Singles Male 50-59 years Murray Rose handicap - Silver

Table Tennis: Singles: F 60-69 years Brenda Gilbert Silver.

Petanque Singles: F 60-69 years Heather Edgell Silver

Petanque Singles: F 60-69 years Margaret Martin Silver

Bronze: 10

Athletics 1500m: Dave Howard M 40-49 years - bronze

Athletics 200m: Suzanne Halbish F 30-39 years - bronze

Athletics 800m: Dave Howard M 40-49 years - bronze

Badminton Doubles: Tamaryn Stevens & Brooke Huuskes: F 18-29 years Bronze

20km cycling F 18-29 years: Tamaryn Stevens - Bronze

20km cycling M 30-39 years: Matt Spencer - Bronze

5km cycling F 18-29 years: Tamaryn Stevens - Bronze

Swimming 100m breaststroke: Brooke Huuskes. F 30-39 years Bronze

Tejo Singles M 60-69 years Alan McKaskill Bronze

Tejo Singles F 30-39 years Brooke Huuskes Bronze

Athletics:

1500m: Dave Howard M 40-49 years - bronze

3km walk: Suzanne Halbish F 30-39 years - 4<sup>th</sup> place.

Ball throw: Matt Spencer M 30-39 years - silver

Ball throw: Alan McKaskill M 60-69 years - silver

Discus: Alan McKaskill M 60-69 years - 6<sup>th</sup> place.

200m: Suzanne Halbish F 30-39 years - bronze

800m: Dave Howard M 40-49 years - bronze

Javelin: Alan McKaskill M 60-69 years 7<sup>th</sup> place.

#### Badminton

Singles: Tamaryn Stevens F 18-29 years: quarter finals

Doubles: Tamaryn Stevens & Brooke Huuskes: F 18-29 years Bronze

Mixed doubles: Tamaryn Stevens & Clayton Walton - 1<sup>st</sup> round.

Doubles: Clayton Walton & Antony Harding M 30-49 years - 1<sup>st</sup> round.

#### Ten pin bowling:

Doubles M 30-49 years: Matt Spencer & Mark Dinnar - 10<sup>th</sup> place

Doubles M 50+: Antony Harding & Michael Kennedy - Gold

Singles: Heather Edgell F 70+ years - Gold

Singles: Mark Dinnar M 30-39 years - 8<sup>th</sup> place

Singles: Clayton Walton M 40-49 years - 6<sup>th</sup> place

Singles: Michael Kennedy M 50-59 years - 8<sup>th</sup> place

Singles: Antony Harding M 50-59 years - 11<sup>th</sup> place

#### 5km road race:

Dave Howard M 40-49 years - 5<sup>th</sup> place

Brooke Huuskes F 30-39 years - 5<sup>th</sup> place

#### 20km cycling:

Female 18-29 years: Tamaryn Stevens - Bronze

Female 30-39 years: Suzanne Halbish - 4<sup>th</sup> place

Male 30-39 years: Matt Spencer - Bronze

#### 5km cycling:

Female 30-39 years: Suzanne Halbish - 4<sup>th</sup> place

Female 18-29 years: Tamaryn Stevens - Bronze

Male 30-39 years: Matt Spencer - 4<sup>th</sup> place

## Golf:

Singles Male 50-59 years Murray Rose 5<sup>th</sup> place gross, handicap - Silver

Singles Male 50-59 years Nigel Goldsworthy 10<sup>th</sup> place gross.

Singles Male 50-59 years David West 12<sup>th</sup> place gross

Singles Male 50-59 years Wayne Kelly 13<sup>th</sup> place gross

Singles Male 60-69 years Richard Dohnt 12<sup>th</sup> place gross

Pairs Male 50+ years Murray Rose & Wayne Kelly 14<sup>th</sup> place gross, 13<sup>th</sup> place Nett

Pairs Male 50+ years Richard Dohnt & Nigel Goldsworthy 17<sup>th</sup> place gross, 17<sup>th</sup> place Nett

## Swimming:

50m freestyle: Robert Kirkbride M 70+ years Gold & World Record

100m freestyle: Robert Kirkbride M 70+ years Gold & World Record

200m freestyle: Robert Kirkbride M 70+ years Gold & World Record

400m freestyle: Robert Kirkbride M 70+ years Gold & World Record

??m ???style: Robert Kirkbride M 70+ years Gold & World Record

100m breaststroke: Brooke Huskes. F 30-39 years Bronze

## Petanque:

Singles: F 70+ years Heather Edgell Gold (60-69 years Silver)

Singles: F 60-69 years Margaret Martin Silver

Singles: M 40-49 years Clayton Walton 1<sup>st</sup> round

Singles: M 50-59 years Michael Kennedy 1<sup>st</sup> round

Singles: M 50-59 years Antony Harding 2<sup>nd</sup> round

Singles M 60-69 years Alan McKaskill 1<sup>st</sup> round

Doubles: F 50+ years Heather Edgell & Margaret Martin Bronze

## Tejo

Singles M 60-69 years Alan McKaskill Bronze

Singles F 30-39 years Brooke Huskes Bronze

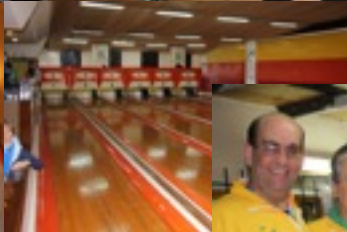
Doubles M 30-39 years Clayton Walton & Antony Harding 1<sup>st</sup> round

Doubles M 50+ years Michael Kennedy & Wayne Kelly 1<sup>st</sup> round

## Table Tennis:

Singles: F 60-69 years Brenda Gilbert Silver.

# World Transplant Games Argentina 2015



Mar Del Plata



## Balgowlah Bunnings Fundraising Sausage Sizzle



Thanks to John Purdy, Barbara Lee, Heather Edgell, Sandra , Clayton and Rick who turned up on the day and helped cook so many sausage sandwiches, serve drinks and chat to people about Organ Donation and the Australian Transplant Games coming up next year. It was a huge effort with only 6 people but a well earned amount of money was raised for the NSW athletes wishing to compete in the games coming up in 2016 in Western Sydney.

Dont forget to join the points system to make sure any events you are involved in will help you financially . Thanks to the hard working team, great effort!!!

Thanks to those that contributed their story and photos. As members we can only encourage and support each other by keeping in contact with each other. I know people are very busy and also not everyone is or wants to be on Facebook but anyone willing to send me photos, local news, ideas on what they would like to see in the newsletter would be a great help and a way we can stay connected.

Thankyou!!! (Editor)

# Australian Transplant Games Sydney 2016

## 23/9/2016-1/10/2016

Next year The Australian games will be held in Western Sydney.

The promotional brochure can be found on the link:<http://www.australiantransplantgames.com/wp-content/uploads/2014/03/Transplant-Aus-2016-Games-Brochure-Final.pdf>

There will be dragon boat racing as a special event so anyone interested please look out for more information regarding this event as well as others.

We would love to see a huge NSW team so keep in mind the dates for next year!

23/9/16 24/9/16	Sunday 25/9/16	Monday 26/9/16	Tuesday 27/9/16	Wednesday 28/9/16	Thursday 29/9/16	Friday 30/9/16	Saturday 01/10/16
<b>Day Time Events</b>							
<b>Friday 23/9/16</b> <b>2:00pm – 5:00pm</b> REGISTRATION Penrith Panthers	Penrith Regatta Centre <b>8:00am – 9:30am</b> Road Race/Fun Run Registration <b>9am – 10am</b> OPENING CEREMONY DRAGON BOAT RACE <b>10am – 11am</b> ROAD RACE/FUN RUN	<b>10am – 11.30am</b> PUBLIC ACTIVATION/PARADE Martin Place  <b>12.30pm – 2.00pm</b> Lunch at Hyde Park	<b>9.00am – 5:00pm</b> SWIMMING Blacktown Swimming Pool  <b>9:00am – 5:00pm</b> LAWN BOWLS PAIRS Penrith Bowling & Recreation Club	<b>9:00am – 2:00pm</b> CYCLING Regatta Centre  <b>9.00am – 2.30pm</b> BADMINTON Penrith Valley Indoor Centre  <b>9.00am – 5.00pm</b> LAWN BOWLS SINGLES Penrith Bowling & Recreation Club  <b>10.00am – 1.00pm</b> TEN PIN (Juniors/Supporters) AMF Rooty Hill	<b>8.00am – 2.00pm</b> GOLF Penrith Golf Club  <b>9:00am – 5:00pm</b> TENNIS Nepean District Tennis Centre  <b>9:00am – 5:00pm</b> TEN PIN AMF Rooty Hill	<b>9:00am – 5:00pm</b> ATHLETICS Blacktown International Sports Centre	<b>9:00am – 2.00pm</b> TABLE TENNIS Panthers  <b>10.00am – 2.30pm</b> FOOTBALL (SOCCER) Oval adjacent to Panthers  <b>5.00pm-6.00pm</b> CLOSING CEREMONY Penrith Panthers
<b>Saturday 24/9/16</b> <b>9:00am – 5:00pm</b> REGISTRATION Penrith Panthers Business Centre  <b>3:00pm – 6:00pm</b> Social Sport SOFTBALL Panthers Outdoor Area	<b>Noon – 6:00pm</b> PETANQUE SINGLES & PAIRS  <b>Noon – 1.30pm</b> WELCOME LUNCH  <b>1:00pm – 4:00pm</b> SAILING  <b>2:00pm – 4:00pm</b> PETANQUE SINGLES (supporters)	<b>4.30pm – 6.30pm</b> DONOR FAMILY RECEPTION					
<b>Evening</b>							
<b>7.00pm – 9.30pm</b> STATE DINNERS Penrith Panthers		<b>7.00pm – 9.30pm</b> CHESS/SCRABBLE Panthers <b>7.00pm to 9.30pm</b> ARCHERY Penrith Indoor Archery	<b>6.00pm to 9.30pm</b> VOLLEYBALL Penrith Indoor Centre <b>7:00pm – 9:30pm</b> SUDOKU/BACKGAMMON Panthers	<b>8.00pm-10pm</b> TRIVIA NIGHT Penrith Panthers	<b>6.30pm - 10pm</b> DINNER CLUB PACEWAY Penrith	<b>7:00pm – 10pm</b> DARTS Panthers	<b>6:00pm – 11pm</b> GALA CELEBRATION DINNER Penrith Panthers

## Sports Committee Nominations

Hi All

Nominations for the NSW/ACT Rep's for the Transplant Australia sports committee are now open

If you are interested in being one of the 2 NSW and 1 ACT rep, you must have your nomination into the NSW committee by 20<sup>th</sup> November.

Some of Role requirements:

- Must be financial member of Transplant Australia
- Must be willing to sit on the NSW/ACT Committee as you need to report back to the committee.
- Must have interested in sports and the Transplant Games.
- Willing to attend 3-4 teleconference per year plus 3-4 state committee meetings.
- Willing to work as part of team

Nominations to be sent to: [ta.nsw@outlook.com.au](mailto:ta.nsw@outlook.com.au)

If you would like any more information contact

Mick Kennedy  
0408 463 021  
mick\_kenn@yahoo.com.au



**transplant**  
**australia**  
newsouthwales/ACT

 **Christmas Party**

at  
**Carr's Bush Park**  
**Kogarah**  
**Lifesaving Hall**   
**Carwar Ave entrance**

on  
 **Sunday 29th November 2015**  
**10am**

**Games and Santa**  
**Lunch provided for members**  
**\$5 non members**  
**Bring your own drinks and nibbles**

**RSVP by 20th November 2015**  
**Margaret : 4936 2722**  
**Heather: 9531 2589**

**Numbers are needed for catering**  
**Names and age of children attending**



The committee would like to wish everyone a safe, peaceful and healthy Christmas and New Year!