# **TRANSPLANT VOICE**



The newsletter of



September 2016



ABN 39 107 428 615

Chairman: Roxanne Kavanagh 0413 532 551. Secretary / Juniors: Brooke Huuskes - 0417 238 468 Donor Families: Leanne Campbell - 0422 123 014 Tasmanian Rep: VACANT

Treasurer / Welfare: Karen Knuckey - 0423 021 984 Newsletter / Membership: Chris Tew - 03 9754 4736 Community Engagement: Alan Chrystie 1969albear@gmail.com

# CHAIRMANS REPORT \_ ROXANNE KAVANAGH

As the Western Sydney Transplant Games approach, I wish all competitors the best of luck in their events and look forward to seeing you all at our first Team Dinner together. We are indeed fortunate to be in a position to be able to attend such a competition and our aim is to ensure that we show the general public the effect of registering as an organ donor and to give thanks to those families who have already had to face this difficult choice.

The State Dinner held on Saturday 27<sup>th</sup> August 2016 was an opportunity for everyone to catch up with friends they may not have seen for a while and to enjoy a meal. Thanks to our guest speaker on the night - A/Prof John Kanellis from Monash Medical Centre Renal Department. Chris Thomas, Transplant Australia CEO spoke about the upcoming Australian Transplant Games in Greater Western Sydney, the World Transplant Games next year in Malaga, Spain (the Video on Spain provided an insight into the location for the World Games for 2017) and the new Fit for Life program.

There are still a few events planned for the remainder of the year, the post games catch up and Christmas function still to come, so add those to your diary now. New committee members are always welcome, if you are interested let me know.

As always, thanks to those members who come along and attended events, making them a success. Thanks to Brooke, we now have videos of our events for you to watch on our *Transplant Victoria/Tasmania Facebook* page (Check it out). If you have an idea for an event, please contact the committee.

Wishing competitors, supporters, donors and donor families from Vic / Tas all the best at the Transplant Games in Greater Western Sydney. Juniors: Bella Dyer, Cooper Hale,

Adults: Kylie Alford, Mary Bawden, Mark Brewer, John Cameron, Ethan Daws, Mark Dinnar, Wayne Fogarty, Ray Gogoll, Nigel Goldsworthy, Antony Harding, Terence Holyoak, Robert Jones, Roxanne Kavanagh, Andy King, Karen Knuckey, Wilfredo Labagala, Claude Li, Kerrin Litchfield,



Ken Pedlow, Linda Petrovski, Frankie Simovic, Tamaryn Stevens, Susan Sutton, Chris Tew, Jonathon Walker, Belinda Willoughby.(some of our ATG competitors at the State Dinner pictured above)

Roxanne Kavanagh (Chair - Transplant Vic/Tas)

Transplant Australia is supported by the Australian Sports Commission.



## DATES FOR YOUR DIARY

24<sup>th</sup> Sep – 1<sup>st</sup> Oct, 2016 October 30<sup>th</sup>, 2016

December 4<sup>th</sup>, 2106 25<sup>th</sup> June, - 2<sup>nd</sup> July, 2017 2019

Australian Transplant Games – Western Sydney. Post Games Awards and Lunch. Windy Hill from 1pm includes finger food lunch. Please RSVP to Karen Knuckey with numbers - text 0423 021 984, nuckster@ncable.net.au by October 20<sup>th</sup>, 2016. Christmas Function, Westerfold's Park, Templestowe. World Transplant Games - Malaga, Spain. World Transplant Games - Newcastle Gateshead, UK. It is essential that anyone attending an event RSVP if requested. Numbers are needed for bookings, catering, etc. It becomes really difficult if people just show up unannounced!

FYI. An accommodation subsidy is available for financial members travelling over 75km (one way) to attend TA Vic / Tas functions and staying overnight. Please submit your accommodation receipt to the Treasurer Karen Knuckey, 20 Holyrood Ave, Newtown, 3220 for a \$50 rebate. Please include your name and the function attended.

## **MEETING DATES FOR 2016**

Meetings for 2016 -, October 30<sup>th</sup>, 2016, before the Post Games Function at the Windy Hill Venue, 10am start. Corner of Napier Street and Brewster Street, Essendon. Contact the Secretary if you wish to come along, add things to the agenda or have any questions regarding meetings. Brooke Huuskes bhuuskes@gmail.com 0417 238 468,



Become a social club member at Windy Hill. Collect the membership form at the front desk.

#### MEMBERSHIP RENEWALS - Victorian and Tasmanian Members

Family membership is \$30, Single \$20. Donor Families are Free. Living Donors are free, but if the recipient lives in the household and a family membership is requested the fee is \$30.

Transplant Australia has a new Membership Portal powered by RegOnLine. All details can be found at the website https://regonline.activeglobal.com/register/login.aspx?eventID=1543279&MethodId=0&EventsessionId=

Please pay your membership fees on this system, if you don't have a computer, credit card or do not use your credit card online you will need to renew your membership or join by contacting Chris on 9754 4736 or ringing the Sydney office on 02 9922 5400. This system sends reminders a week before membership needs renewing and also has the direct debit feature. Cheque payments will be processed by the State Treasurer.

## CHECK OUR WEBSITE – www.transplant.org.au

Facebook - www.facebook.com/TransplantAustraliaVicTas

Any member using the EFT payment system must include their name and reason for payment e.g. Jane Smith. State Dinner. Please email Karen Knuckey, the Treasurer, so she can check / confirm the transaction nuckster@ncable.net.au

EFT – Date funds transferred: ..... Transplant Australia Ltd (Vic/Tas) BSB 033062 Account 402639 Reference: Your name & "reason for payment" ......

# WELFARE

Please let our Welfare Officer Karen Knuckey, 0423 021 984, nuckster@ncable.net.au Or one of the committee members knows of any member who is having some problems, there may be some way that TA Vic / Tas can help.

## **TASMANIA**

Tasmanian representative Andrew Gibson has stepped down from his role on the TA Vic / Tas Committee and the TA Sports Committee for health reasons. Thank you to Andrew for his valuable input and wishing him all the best in the future.

If anyone is interested in taking this role on please contact Chairman: Roxanne Kavanagh 0413 532 551.

Tasmania is represented at the Australian Transplant Games by 1 junior & 2 adult recipients, a donor family (see the games media and photo) and 2 supporters. Have an enjoyable time.

## CARER'S GROUP

Meetings held at the Yarraville Footscray Bowling Club,

Next meeting TBA.

RSVP & enquiries or to arrange private counseling, contact Karen 0423 021 984 or via email nuckster@ncable.net.au

If you are unable to attend but would like to in future or wish to receive emails, please register your interest.

Right – a couple of Carers attending the Darts Day. Cathy and Bron.

## DONOR FAMILYS GROUP AUSTRALIA

A Facebook site can be found at - https://www.facebook.com/groups/219966401436603/

The webpage is <u>www.donorfamilies.com/news/</u> - you can view the groups' newsletters here.

Join in the discussion with donor families, recipients, read their stories.

Leanne Campbell (Donor Family Coordinator) on 0422 123 014 / ricklean@tpg.com.au if you need to discuss anything or have questions regarding Donor Families.

## **COMMUNITY ENGAGEMENT PROGRAM**

Information on how to go about being a 'Community Champion', please contact the CEP Co-ordinator Alan Chrystie 1969albear@gmail.com

## To donate life, discuss it today. OK For more information visit www.donatelife.gov.au

# STATE CHAMPIONSHIP TEN PIN BOWLING Sunday 17<sup>th</sup> July, 2016.

A very successful State Bowling Championships took place at Moorabbin AMF on Sunday 17 July, 2016 with 29 adults and 6 kids in attendance. The day was a great social catch up with a raffle to conclude the event. Thanks to everyone who attended and helped out on the day.

Results are as follows.

#### Transplant Men

GOLD	Mark Dinnar	334
SILVER	Robert Jones	304
BRONZE	Jose Lopez	287

Transplant Women		
GOLD	Roxanne Kavanagh	275
SILVER	Donna Curran	268
BRONZE	Kaitlyn Steavenson	211





Supporter Men Allan Dinnar 271 GOLD SILVER Scott Martin 268 BRONZE Allan Chrystie 239

Supporter Women Mary Williams SILVER Laraine Lopez BRONZE





Kids GOLD SILVER BRONZE

Christian Martin 169 **Riley Quinlan** 168 Kayla Curran 167

GOLD



# Australian Transplant Games 2016 – Western Sydney.



Check <u>http://www.australiantransplantgames.com/</u> for all the latest information on the Games.

Wishing all competitors the best of luck, enjoy the games.

#### ATG Media

From Tasmania (The Examiner 6/09/2016)

Deciding to donate a loved one's organs is often a difficult decision for family members.

But for Rachael and Chris Ketchell the decision to donate their daughter Tahlia's organs was not difficult as they had seen the positive impact donation had on the life of Bella Dyer.



Bella was born with Biliary atresia, a childhood disease of the liver in which one or more bile ducts are abnormally narrow; blocked; or absent, but in 2008 she was gifted with a live-saving liver transplant at the Royal Children's Hospital in Melbourne.

Lisa and Justin Dyer, Bella's parents, were friends with Rachael and Chris, and over the years their children developed connections.

Lisa and Rachael spoke about their daughters' friendship, and how Bella's transplant inspired them to donate Tahlia's organs.

"We've sort of become closer in the last 12 months since [Tahlia died]," Rachael said. "We donated her organs to stop another family going through what we were going through."

Bella, along with Tahlia's brother Codey, (above) will compete in the Australian Transplant Games from September 24 to October 1 in Western Sydney.

"When I went to the games in 2014 I participated in heaps of events and it was quite fun," Bella said.

The 13-year-old was looking forward to meeting other children who had received organ donations and hopefully adding a few more medals to her impressive collection of nine.

http://www.examiner.com.au/story/4130712/giving-the-gift-of-life/

#### Geelong Indy (2/09/2016)

Frank Simovic, Jonathon Walker and Ray Gogoll feature in the article – 'So grateful for a new lease on life' Try looking at <u>www.geelongindy.com.au</u> and look at the 2 September edition page 7 for the full article.

#### Maroondah Leader, (6/09/2016)

Roxanne Kavanagh (Right) is on the front of this edition. If you want to read this I (<u>gtew2475@bigpond.net.au</u>) can email you the whole newspaper.





Ocean Grove Voice (6/09/2016)

Tam Stevens feature in this article "New Lease of Life, Thanks to Mum".

Tam's mum Amy donated one of her kidneys to daughter Tam 11 Years ago giving Tam a new lease on a very full life. Read the article here:

http://oceangrovevoice.com.au/news/2016-09-06/newlease-of-life-thanks-to-mum/ 21st World Transplant Games, Malaga, Spain 2017

Start Date 25<sup>th</sup> June 2017

End Date 2<sup>nd</sup> July 2017

The WTGF President and Council are pleased to announce that the 21st World Transplant Games will be held in Malaga, Spain in 2017. <u>http://wtgmalaga2017.com/</u>

Keep these dates in your Diary if you are interested in these games. Details of registration dates, travel arrangement, uniforms, costs will be circulated as they become available.

On Sunday 25th June 2017, in the Malaga's unique Plaza de Toros, the opening ceremony

will feature a team parade and opening speeches, together with several performances intended to surprise participants.

Later a cocktail will be served at Muelle Uno, in the Puerto de Málaga – another unique setting in the heart of the city and close to the harbour and the sea.

The World Transplant Games Federation current newsletter 'Transplant World' is available to read. See link - .

http://wtgf.org/wp-content/uploads/2016/08/TransplantWorld Journal 1 2016.pdf

The 2019 World Transplant Games has been awarded to Newcastle Gateshead in the UK. The Council would like to formally thank Newcastle Gateshead and Houston USA for their outstanding bids and commitment to promoting organ and tissue donation through the World Transplant Games. (Chris Thomas, WTGF President)

The World Transplant Games will take place in Newcastle and Gateshead from 17 - 24 August 2019 and is expected to attract up to 3,000 competitors and supporters from more than 60 different countries.



# CONGRATULATIONS.

Congratulations to member recipients who reach the following milestones in September and October. <u>September</u>

John McLean, Heart, 25 years Alison Murphy, Kidney, 20 years Nada Malinac, Kidney, 17 years Christine Murray, Heart, 15 years Jenny Horne, Kidney / Pancreas, 10 years

## <u>October</u>

Twanny Farrugia, Kidney, 45 years Warwick duncan, Liver, 27 years Nick Stillwell, Kidney, 26 years Andrea Wilcox, Kidney, 11 years Trevor Arnold, Liver, 10 years Mark Dinnar, Heart, 20 years Jan Coates, Cornea, 20 years Nick Fiamengo, Kidney, 16 years Trudy Rundle, Heart, 12 years

Russ Denny, Kidney, 34 years Peter Thornton, liver, 26 years Dallas Barr, Kidney, 24 years Huong Bui, Liver, 11 years Barbara Hayne, Double Lung, 10 years

## Random News!!!!

Cornea cells 'successfully' grown and implanted to cure blindness. By Cheryl Hall

Posted 15 Aug 2016, 5:35pm

Melbourne researchers say they have successfully grown and implanted cornea cells to cure blindness. The cells were grown on a layer of synthetic film and transplanted into the eyes of animals, restoring vision. Researchers are now preparing for human trials.

The technique, developed by researchers at Melbourne University and the Centre for Eye Research, could replace transplants of donated cornea.

The cornea is a transparent layer at the front of the eye. A layer of cells on its inner surface keeps it moist by "pumping" water out of it.

Read the full and very interesting article at the link below.

http://www.abc.net.au/news/2016-08-15/cornea-cells-'successfully'-grown-and-implanted-cure-blindness/7736240



# STATE DINNER, Village Green Hotel, Saturday, 26th August, 2016



Good food, good company, terrific raffle prizes!!! Plus bags of lemons!!! Thanks to all members and friends who attended the Annual State Dinner at the Village Green Hotel.

An interesting talk was given by A/ Professor John Kanellis about the history of all things renal, including photos of awful looking old dialysis machines, progress in medications, transplantation, computer input into deciding the best person to receive a transplant and looking to the future.

CEO of Transplant Australia, Chris Thomas, spoke about the next Australian Games in Greater Western Sydney, World Transplant Games next year in Malaga, Spain and the Fit for Life program to be rolled out in all World Transplant member countries.

The members who are attending the ATG in GWS were presented to the audience – more have since decided to attend!!!

State Awards this year were awarded to;

OUTSTANDING ACHIEVEMENT – Community Engagement Program – Mary Bawden Awarded to a member who has made a significant contribution to the TA Community Engagement Program over the past 12 months.

OUTSTANDING ACHIEVEMENT - ALL ROUNDER - Karen Knuckey (Right)



Awarded to a member who has made a contribution to <u>all areas</u> of TA Vic/Tas branch.

OUTSTANDING ACHIEVEMENT – BRANCH ACTIVITIES - Brooke Huuskes (Left) Awarded to a member who has organised and participated in Branch functions.

OUTSTANDING ACHIEVEMENT – SUPPORTER - Daniels Arts (Right)

Awarded to a Supporter member (non recipient) who has contributed to the ties of the Branch

activities of the Branch.

ENCOURAGEMENT AWARD - Terry Holyoak Awarded to a new member who has shown potential to do great things for the Branch.

Congratulations to our Award winners





