

## TRANSPLANT AUSTRALIA WA NEWSLETTER

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- Wine & Pizza Day in Harvey is on again
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A HUGE THANK YOU to

**Julie Moloney**

*for being the WA Team Manager for the 2014 Australian Transplant Games. You did an amazing job and it was a memorable success.*

### Chris Thomas Bike Rides from Perth to Sydney

Congratulations to Transplant Australia's CEO, Chris



Thomas for his amazing bicycle ride from City Beach, Perth to Freshwater Beach, Sydney. Chris travelled 4,335km in 45 days to raise funds for a new initiative for transplant children, "Exercise for Life". You can follow his journey at

<http://ontheroadtofindoutbiketrip.wordpress.com/>



### TAWA Street Appeal - Volunteers wanted

We will be conducting our annual street appeal this year on February 27<sup>th</sup> in the Perth city centre. This street appeal is an essential part of our funding for TAWA and we desperately need collectors to help us out on the morning of Feb 27. Any amount of time you can manage will be gratefully accepted.

The optimum collection time is from 7 – 9 am so if you can come early that would be wonderful.

Our presence in the street raises many opportunities to publicise organ donation and we consider this a vital part of the day.

*If you can help (even for a short time) please contact Marg.*

**0415 926 907 or [lamsar@iinet.net.au](mailto:lamsar@iinet.net.au)**

*Please note that in 2015, DonateLife Week will be held from Sunday 2 August to Sunday 9 August.*



## Upcoming Events

### Harvey Pizza & Wine Day 2015



**Wine Tasting and Pizza Day in Harvey** is on again this year.

This is a very popular day held at the Moloney's home and vineyard, **Fifth Estate Wines**. The exact date is yet to be set but it will be one Sunday in spring so be sure to keep an eye out for further information and accept when details come out later in the year. Numbers will be limited.

### Bryan To Compete In Rottnest Swim 2015

Bryan Williams is swimming to Rottnest AGAIN and solo AGAIN.

We like to think he is superhuman but he is human and you don't get to swim that distance without a lot of pain and a lot of determination.

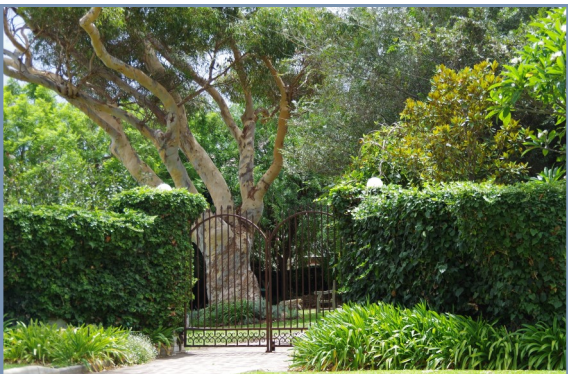
Bryan is swimming the 19.7 km (or more) swim to raise awareness of organ donation and the funds raised are going to Transplant Australia.

You can show your support for Bryan by making a donation at <https://rotnestswim2015.everydayhero.com/au/bryan>



We will be thinking of Bryan on Saturday 21<sup>st</sup> February and willing him along.

### TAWA Member's Morning Tea



New members, old members and their families are invited for Morning Tea in the Garden of Bev & Gordon Martin, 2 Bishop Rd, Dalkeith on Sunday 22<sup>nd</sup> March from 10.30 – 12.30.

This is a chance for members to mingle quietly in the garden with other recipients, donor family members, living donors and other Transplant Australia WA members.

**RSVP by Monday 16th March**

**Marg Martin** [lamsar@iinet.net.au](mailto:lamsar@iinet.net.au) or 0415 926 90

## Upcoming Event



**World Transplant Games Federation**  
Powered by the gift of life



Juegos Mundiales para Trasplantados  
**ARGENTINA**  
MAR DEL PLATA 2015

For over 35 years the World Transplant Games Federation has been staging International sporting events for transplant athletes in order to demonstrate the physical success of transplant surgery and to raise awareness of the need to increase organ donation.

The Summer World Transplant Games take place every two years where over 1500 athletes representing some 69 countries compete at an extraordinarily high level. Many however just come to enjoy taking part at their own pace and welcome the opportunity to meet with other transplant recipients in an atmosphere of fun and friendship. The Winter Games take place in the intervening years.

**The World Transplant Games Federation is officially recognised by the International Olympic Committee**

**When:** 23 August - 30 August, 2015. We will most likely arrive on Friday, 21 August.

**Where:** Mar Del Plata, Argentina

If you are interested in participating, please contact Julie Edwards; [julie.edwards@transplant.org.au](mailto:julie.edwards@transplant.org.au)

You can also view more information via this link; <http://www.wtgf.org/>

*Please note that Australian Transplant Games 2016 will be held in Western Sydney*

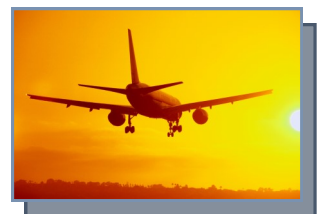
## Travel Insurance

TA has developed a partnership with a new travel insurance provider, **InsureandGo!** To apply for travel insurance simply access the portal via the Transplant Australia webpage.

If you need more information please contact the **InsureandGo** National Office on 1300 552 701.

Travel insurance can be very difficult for transplant recipients to obtain particularly if they want to cover medical expenses related in any way to their transplant. While we realise that everyone will be assessed on a case-by-case basis, we still like to hear from members about their experiences in obtaining cover. John Milne reports that he has....*"found Australia Post (online) very good for travel insurance. When I travel they cover my renal transplant with a minimum of hassle, albeit with an increase in the premium. After my last trip, I had cause to make a claim which was paid, again with a minimum of hassle. Worthwhile checking out."*

For anyone who is interested in travel and wants to access information on yellow fever go to;  
<http://www.health.gov.au/yellowfever#1>





## Past Event

### Australian Transplant Games 2014– Melbourne



*By: Julie Moloney (Team Manager 2014)*

Last September a team of around 30 West Aussies headed off to Melbourne for the 14<sup>th</sup> Australian Transplant Games.

Most of the Team stayed at the Bayview Hotel which proved to be conveniently located within walking distance of many of our events for the more active in the group.

The day before the opening of the Games the city was buzzing due to the AFL grand final . We were lucky enough to receive some great exposure for our cause with a march into Federation Square wearing orange T shirts ....Some of the team had tickets to the game but the rest of us took the opportunity to visit the shops and other attractions at a time which was normally crowded. .

#### My Highlights

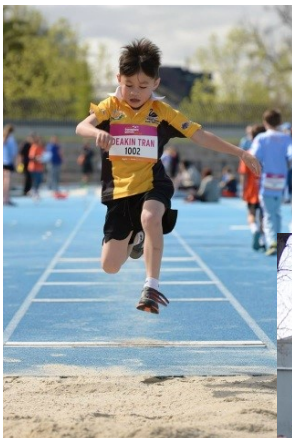
**Athletics Day-** seeing the very young to the not so young pushing themselves around the arena at whatever pace they could muster. Some are there to break records whilst others want to show the world that they can achieve anything with their gift of life.

**The Gala Night-** It was great to meet up with people from all over Australia, UK and NZ. There was a very friendly atmosphere in the fantastic venue of The Victorian Art Gallery. I loved taking the tram ride with family and friends to the venue with all the beautiful and magical lights of its surroundings.

The wonderful new friends I made playing Petanque on the very old and historic grounds of the St Kilda Sports Club.

Exploring St Kilda and Melbourne knowing that wherever I went I would get a GOOD coffee!

I look forward to the next Australian Games to be held in Penrith just out of Sydney in 2016. These were my third Transplant Games but only my first as Team Manager. There is something about these games that makes me want to come back every time.



## Past Events

### 2014 Tree Planting & Thanksgiving Ceremony

Another beautiful Tree Planting and Thanksgiving Ceremony was held on Sunday 21 September, at the Bendat Parent & Community Centre and Lake Monger Wembley.



Linda & Marinda Ergovic spoke from the donor perspective on behalf of Mario. Mario, a Hawthorn and Holden fan, tragically died in a traffic accident. Victoria O'Neill spoke on behalf of son Harry who at the age of 11 and after being struck down with cancer, has received bone grafts from PlusLife.

Our thanks to Heart & Lung Transplant Foundation for co-ordinating this event.

### Write to Your Donor Day

Donor families really appreciate a personal note from a recipient and will often be yearning to receive some news or communication.

In October 2014 Paul and Glenda hosted an afternoon to assist recipients of transplanted organs and tissues with the process of writing letters and cards of thanks to the donor families. There are guidelines from DonatLife about the process by which the letters and cards make their way to the donor families.

Three recent recipients of a liver, lungs and a heart attended the day and are currently in the process of finalising their letters to their donor families. TA's door is always open to assist people in understanding the protocols for this important process, and to provide guidance if required.

In 2015 Paul will host another 'Write to Your Donor Day' at his house on **Sunday 11<sup>th</sup> October.**



More information can be found here; <http://www.donatlife.gov.au/>



## Community Engagement Corner

FROM: *Paul Turner*

CONTACT: 9387 375 or [annepaulemma@bigpind.com.au](mailto:annepaulemma@bigpind.com.au)

### Edition 2

Hello again members. I began last newsletter with some general thoughts on community awareness and ended with comments on word of mouth discussions. This time I would like to discuss DonateLife Week.

#### DonateLife Week

We have a special relationship with DonateLife and I like to think of DonateLife Week as the medical and government side of this wonderful transplant system, while TA is a voluntary, public side of the system mostly consisting of the public participants in the system.

DonateLife put a lot of time and money into promoting donation in DonateLife Week to be held this year from **Sunday 2<sup>nd</sup> August to Sunday 9<sup>th</sup> August**. Donate Life gets out and about into hospitals and the CBD to encourage people to register and discuss organ donation. TA assists with this and it is great when members make themselves available to help.

DonateLife also encourages everyone to conduct their own activities to help with awareness of DonateLife Week and produces manuals on ideas and other resources such as posters, pens and squeeze hearts. These resources are there to be used by all, and ideas are on the DonateLife website and resources at their office at 311 Wellington Street, Perth.

See DonateLife Week Toolkit at <http://www.donatelife.gov.au/donatelife-toolkit>

TA members could consider DonateLife Week as a special time of the year, around which to promote donation. Members can use it as a centrepiece for other events such as displays at shopping centres (why not speak to your local centre manager) or talks to community groups (why not contact your local council website for contacts to community groups). Referring to DonateLife Week in community engagement reinforces to people the government/public support donation has. If I can assist you in any way, please let me know.

Of course, the promotional principles in DonateLife Week can be used at any time of year, not just during the August week

#### Registration Form and Link

Perhaps the main objective of community engagement is to distribute and encourage people to complete the donor registration form and then discuss their wishes with loved ones. These forms are attached to brochures containing information on donation, and are also available at DonateLife and Medicare offices or on the Medicare Claim Form. All good donation websites such as [www.transplant.org.au](http://www.transplant.org.au) contain links to the registration process. [http://www.humanservices.gov.au/customer/services/medicare/australian-organ-donor-register?utm\\_id=9](http://www.humanservices.gov.au/customer/services/medicare/australian-organ-donor-register?utm_id=9)

Sending the above link to someone electronically is similar to distributing the form and members are encouraged to send the link as widely as possible. Including the link in any emails you send to friends on topics to do with organ and tissue donation, such as invites, is a good idea.

#### Skills and Contacts

It is difficult to know what skills other members have. For instance I don't know who has media skills and contacts, but we may need them from time to time. If you may be able to help, please contact me. I see these skills and contacts as being useful in getting stories on **TV and radio** and in the **newspaper**.

#### T-shirts

We have a supply of organ and tissue donation polo shirts available for members which assist in raising profile. If you would like one, please contact me.

That's all for the moment but if anyone has any questions, or would like to discuss DonateLife Week or community engagement generally, please contact me.

## For the Kids

### Bradshaw Scholarship

Children and youth up to the age of 25 years who are recipients or who are waiting for a transplant, and are members of Transplant Australia WA, are invited to apply for the 2015 Bradshaw Scholarship.

#### Guidelines for the Scholarship

The Transplant Australia WA Bradshaw Scholarship Scheme was initiated in 2011. Considerations are:

- \* The time the applicant has been a member of Transplant Australia and their commitment to Transplant Australia. This commitment can be for fundraising efforts, member support and participation in Transplant Australia activities.
- \* The needs of the applicant. For example, a young child at primary school may only require small financial assistance whereas an older child entering university may require larger financial assistance.
- \* A child may receive a Scholarship no more than once in every 5 years.
- \* Children/youths up to and including the age of 25 are eligible.
- \* Whilst there will be no stipulation made to Scholarship recipients on the spending of the funds, the intent is for the financial assistance to help with medication, school and university fees, books and IT equipment.

Applications should be submitted to Julie Edmonds by email by 30<sup>th</sup> March 2015. Please keep applications to 500 words or less. [jedm6618@bigpond.net.au](mailto:jedm6618@bigpond.net.au)



Just a reminder to parents that your transplant child may be eligible for a Kidsport Voucher from your local government.

KidSport enables Western Australian children to participate in community sport and recreation, no matter their financial circumstances. Eligible youth aged 5–18 years can apply for financial assistance to contribute towards club fees of up to \$200.

Please go to the below link to download the form;

<http://www.dsr.wa.gov.au/funding/individuals/kidsport/information-for-parents>

### Welcome to Sapphire

Kayla Sullivan has been a member of Transplant Australia WA for a very long time.

She is now 25 years old and she received a liver transplant as a baby in the Royal Children's Hospital in Brisbane. All children needing liver transplants have to travel to the eastern states to receive a liver both then and now. The disruption this causes their families is huge and it is not just a lot to ask of their parents but is also immensely stressful for their siblings.

Recently Kayla gave birth to a small daughter, Sapphire - a tiny, healthy miracle. A post-transplant baby, a life granted by the generosity of organ donation. Sapphire came early and had to stay in hospital for a few weeks to do some growing but she and Kayla are doing well and she is being breastfed



## Interests

### New Living Donor Forum Site

Vic Ward, always a great supporter of Living Donors and Living Donor events, has created a new forum called the **Australian Living Donors Forum**. The aim of this forum is to give information and support to all Living Donors of organ and tissue (including bone marrow & blood donors) and also to those who may want to know more about donating.

This is a non-aligned forum with free membership and open to anyone with an interest in organ donation. Why not check it out and register and get the site active.

This is the link to Australian Living Donors Forum <http://australianlivingdonors.prophpb.com/>

### Sausage sizzle workers - Raising organ donation awareness while raising funds

TAWA will hold two **Sausage Sizzles** this year at Buntings Homebase in Subiaco on **9th May** and **5th Sept.** If you are able to volunteer on these days for any part of the day your help will be wholeheartedly appreciated.



### 2014 Perth Zoo TAWA Christmas Party *By: Brooke Tran*



The annual Transplant Australia Christmas party was held at the Perth Zoo on Sunday December 7th, 2014. We had our own private lawn area with a gazebo and about 30 people in attendance. The weather was perfect and everyone enjoyed the day. The children (and the adults) were very surprised when a snake handler and her friendly non-venomous Python came to pay us a special visit. The informative session lasted 30 minutes and we even got to have a pat.





## In The Know



If you are receiving this newsletter by post we no longer have a current email address for you. If you have a current email address please email

[lamsar@iinet.net.au](mailto:lamsar@iinet.net.au)

with the heading *Change of email address for TAWA* giving your name and new email address.

The next TAWA meeting is

Sunday 8TH March, 2015  
10.30am

All members are welcome  
at this meeting.

### Entertainment™ Books for the 2015 | 2016

TAWA is selling Entertainment Books again this year from March. Watch this space for the pre-order date.

## CONTACT US

**Transplant Australia WA**

**PO BOX 347 FLOREAT WA 6014**

**[www.transplant.org.au](http://www.transplant.org.au)**

## OFFICE BEARERS

**Chair** Julie Edmonds  
[jedm6618@bigpond.net.au](mailto:jedm6618@bigpond.net.au)

**Secretary**  
ANY VOLUNTEERS?

**Treasurer** Esther Scott  
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**Web Site & Membership Manager**  
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**Living Donor Delegate** Julie Moloney  
[julemark@gmail.com](mailto:julemark@gmail.com)

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**Community Engagement** Paul Turner  
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**TAWA Property** Glenda Rayment  
[glendarayment@gmail.com](mailto:glendarayment@gmail.com)



## Spotted!

**Left:** The Critchleys and the Yates catching up in Busselton

**Right:** Esther catches up with Josh and Jane in Tuscany

