

TRANSPLANT AUSTRALIA WA NEWSLETTER

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- Time is running out to register for the City to Surf
- Our Team is off to the World Transplant Games in Argentina
- Sunday October 11 is Write to Your Donor Day



Chairperson's Report

BY: *Julie Edmonds*

The first half of 2015 has flown by, with our members working successfully in several areas to spread awareness of organ donation within the Western Australian community.

If you have not recently checked out the National Transplant Australia website

www.transplant.org.au then now is the time to do so as it has a fresh look, is packed with information and user friendly!

Some of our members are preparing to leave for the 20th World Transplant Games in Argentina, I know you join with me to wish them the very best.

We hope you enjoy our Spring Newsletter.

BY: *Brooke Tran*

DonateLife Week Media Launch

Eight year old Deakin Tran and his buddies (Michael, Jac & Rhys) from school and soccer were asked to attend a media launch at Kings Park on Thursday August 6th at 9am with the Minister for Transport, Dean Nalder, DonateLife staff and Department of Transport staff. The message was to share

Deakin's story and make the community aware that organ donation really does make a difference. The Minister for Transport would like to see the return of the donor registry to WA drivers licences. A special visit from the Perth Glory mascot really surprised and delighted the boys.





LIVING DONOR WINE TASTING & PIZZA DAY

Sunday 18th
October
11am onwards

\$12/head
kids under 15
free

90 Fifth Street,
Harvey

This Living Donor gathering is an opportunity for members to meet and mix with other LD's in the peaceful surroundings of Harvey and the home of Julie, Mark, Sarah and Jessica Moloney. Julie is herself a Living Donor.

The gathering will be held at their home and vineyard, Fifth Estate Wines- only 1.5 hours south of Perth.

Come and enjoy pizza, award winning wines and a great day out. Non alcoholic drinks, tea and coffee also provided.

PREFER SOMEONE ELSE DRIVE?

If numbers permit there will be a bus service from a central location in Perth.

If this sounds appealing, please advise Julie ASAP to secure booking

Places Limited!

RSVP to Julie

By September 25

Payable to Julie Moloney by
Direct Deposit
bsb: 086677 acc: 508 188 956

ph: 9729 2316 or 0419 851 269
email: julemark@gmail.com

Bryan Takes on the Rotto Challenge Again

Congratulations to Bryan Williams on another amazing ROTTNEST SWIM.

Despite the bad weather, sea sickness and vomiting his carbs away Bryan managed to complete the solo swim in just over 6 1/2 hours averaging 20:15 min/km.

The picture below shows a group of Rottnest solo swimmers (on the right) leaving Cottesloe beach that morning. They are about to navigate their way through the maze of vessels and surf skis to locate their own team.



Be active, be healthy
and be part of the

DonateLife team

for this year's City to Surf event on

Sunday 30th August

Help raise and improve
awareness for Organ & Tissue Donation
and join the DonateLife Team to
walk or run 4km, 12km, 21km
or the full 42km marathon

Recipients, family and friends - get involved!
Go online to <http://perth.perthcitytosurf.com/>
then to join the DonateLife Team, click on

REGISTER HERE

and search for "DonateLife" Team
For your DonateLife t-shirt, call 9222 0222 and for
more info contact Ken on 0423232577

There is a
DonateLife team entered
in this year's City to Surf
organised by **Ken Truslove**.
Please contact Ken if you
wish to join in.

0423 232 577



Supported by



Walk for a cure at the
2015 Kidney Health Research Walk.
Register today!

Date:
13 September 2015

Location:
Taylor Street, Victoria Park
WA

Time:
9:00am

Distance:
4km

Cost:
Adults: \$10
Teams of 10: \$50
Children under 12: Free

**Another great event to
keep yourself active and
help contribute to
Kidney Health Research.**

For more info and to
register

[https://2015researchwal
k.gofundraise.com.au/](https://2015researchwalk.gofundraise.com.au/)

Our Team is off to Compete in the World Transplant Games



World Transplant Games Federation
Powered by the gift of life



Juegos Mundiales para Trasplantados
ARGENTINA
MAR DEL PLATA 2015

For over 35 years the World Transplant Games Federation has been staging International sporting events for transplant athletes in order to demonstrate the physical success of transplant surgery and to raise awareness of the need to increase organ donation.

The Summer World Transplant Games take place every two years where over 1500 athletes representing some 69 countries compete at an extraordinarily high level. Many however just come to enjoy taking part at their own pace and welcome the opportunity to meet with other transplant recipients in an atmosphere of fun and friendship. The Winter Games take place in the intervening years.

The World Transplant Games Federation is officially recognised by the International Olympic Committee

GOOD LUCK TO OUR AUSTRALIAN TEAM TRAVELLING TO ARGENTINA– WE WISH YOU ALL THE BEST!

Keep an eye on the Facebook



page for updates

australian
**transplant
games** 2016
WESTERN SYDNEY

PENRITH, WESTERN SYDNEY

24 SEPTEMBER—1 OCTOBER 2016



Now is the time to begin planning for next year's Australian Transplant Games in Sydney. This is an opportunity to combine a visit to Sydney with attending the Games. Penrith Panthers will be the hub of the games. If you have never been to a Games before then why not give it some thought. Accommodation and food costs will be as low as possible and the experience is surprisingly rewarding.

There are competitions in many sports, dinners, a parade, team games and many other activities. In this Games the states will be competing in a dragon boat race for the first time so if you have any contacts with this sport we would love to hear from you. We will need some practice!

There is no need to be a star athlete, you simply have a go and there will be plenty of support for your efforts. Of course star athletes are very welcome too but the Games are a celebration of everyone's life after transplantation and they make a grand statement about organ donation.

The Games are not only for adults but are a wonderful experience for our young members also and there is always a special program for kids and their siblings. In fact the whole family get involved and supporters are as much a part of the Games as the competitors. They even get to participate in a few events.

Our wonderful Team Manager for WA will once again be Julie Moloney and she will be able to provide you with any information you might need.

Contact Julie on julemark@gmail.com or on 0419851269

MORE INFO: <http://www.australiantransplantgames.com/>

Community Engagement Corner

TRANSPLANT AUSTRALIA WA presents an opportunity for all organ and tissue recipients to meet, discuss and provide some help in writing to donor families following the wonderful gift of life. We will also discuss the thanksgiving and some awareness activities of Transplant Australia WA Branch.

It will be held at Paul Turner's home on **Sunday 11 October 2015** from **2:00 – 4:00pm**.

We look forward to seeing you there.

Paul's address and contact details are

7 Ulster Rd, Floreat WA 6014

Ph. 9387 3375

Mob: 042 443 3073

Email: annepaulemma@bigpond.com.au

Please RSVP to Paul by Saturday 10 October

(The easiest way to Paul's house from the city is via Cambridge Street/Oceanic Drive)

Winter Mall Yarns

BY: *Paul Turner*

Our first Winter Mall Yarn display was on Saturday 21 March, near the food hall at Karinyup Shopping Centre. It provided an opportunity to supply brochures with organ and tissue donation information and registration forms to shoppers, and to display our new pull-up banners promoting us and organ and tissue donation.

A big thank you to Peter, Bernie, Jane, Ted and Denise for their work on the day.



Come June, we visited Phoenix Shopping Centre, Spearwood and Garden City. Thanks to Andrew, Troy, Monique and Dajana at Phoenix, and Glenn, Brad, Charles and Glenda at Garden City for making both days successful and enjoyable in raising awareness.

In July we were at Lakeside Joondalup (thanks Richard, Angelino, Pat, Pauline, Allan and Kate) and Midland Gate (thanks Robyn, Coral, Ken, Sandi, Fred, Marnie and John). We must also thank the shopping centres for supporting the project and providing a convenient meeting spot for members to meet and get to know each other.

One more to go at Westfield Carousel on Saturday, September 19th 8.30am-5pm

Outside the Reject Shop

Anyone that would like to help out is welcome!

For the Kids

PMH Pharmacy & Meds

Please be aware that you cannot pre-order online anymore. PMH Pharmacy has changed pre-ordering of meds. You must get the hospital script scanned/emailed (or take a photo) through with your child's name, hospital number, quantity required and pick up date:

PMH.PharmacyDispensary@health.wa.gov.au

YOU MUST ALLOW 3 WORKING DAYS

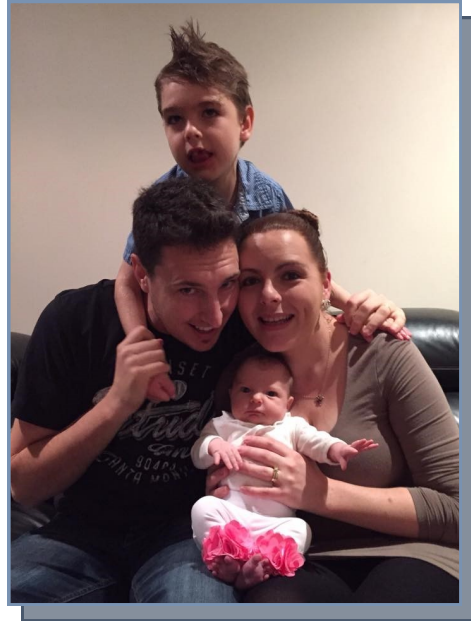
For more info, check out their website
http://www.pmh.health.wa.gov.au/forms/pharmacy_order.php

Did you know that Tacrolimus now comes under the PBS and you should be able to get a script from your GP. Please check with your GP so you can get your local Pharmacy to dispense. They will have to order in but should only take about 1-2 days.

No more waiting in PMH!

Welcome to Baby Karissa

Congratulations to mummy Alannah, daddy Bryson and brother Jayden on the arrival of their new **baby girl Karissa**. We can't wait to meet her!



ARE YOUR KIDS STARTING SUMMER SPORTS SOON?

Just a reminder to parents that your transplant child may be eligible for a Kidsport Voucher from your local government.

KidSport enables Western Australian children to participate in community sport and recreation, no matter their financial circumstances. Eligible youth aged 5–18 years can apply for financial assistance to contribute towards club fees of up to \$200.

Please go to the below link to download the form;

<http://www.dsr.wa.gov.au/funding/individuals/kidsport/information-for-parents>

Crazy Sock Day



Why don't you suggest a **Crazy Sock Day** for your child's class or school and help to raise funds for TAWA or the Liver Unit at PMH. The kids love to wear crazy and colourful socks whilst having fun and only making a gold coin donation.

Remember, a little goes a long way.

THANK YOU!

To Jane Bartlet & Ted Lewis for making themselves available as speakers.

Interests

Have you Been to the New Transplant Australia Website?

The **Transplant Australia webpage** has a new look. Check it out and remember that a regular visit to this page will keep you informed about any new initiatives being undertaken by Transplant Australia.

CLICK FOR INFO

Name Badges

Have you ever wished you had a name tag that identified you as a member of Transplant Australia and that let people know they can talk to you about organ donation? Please let Paul Turner know if you would like one - annepaulemma@bigpond.com

Sausage Sizzle Fundraiser

On the Saturday before Mothers' Day, we held a sausage sizzle at Bunnings, Homebase, Wembley. The day exceeded our expectations selling more sausages in buns than expected, raising \$770, and contributing to community awareness of organ and tissue donation.

A big thank you to George, Sandra and Glenda for organising it all, and for Ray, Esther, Paul, Neale, Ted, Ron, Denise, Marg, Sue H and F, and Julie for your help on the day.



On the subject of Mothers' Day, a big thankyou and best wishes to all mothers of recipients for your love and support throughout our journeys. To mothers who are recipients, to have you with us is a reminder of how fortunate we all are.

Our next sausage sizzle is at Bunnings Homebase, 55 Salvado Road, Subiaco from 8 am to 4 pm on Saturday 5th September 2015. We are in need of any help you can offer on this day. Please contact George Hobson if you think you can help, on george@hobson.id.au or 9361 7373.

CONTACT US

Entertainment™ Books for the 2015 | 2016

TAWA is selling Entertainment Books again this year from March. Watch this space for the pre-order date.

Transplant Australia WA

PO BOX 347 FLOREAT WA 6014

www.transplant.org.au

The next TAWA meeting is
Sunday 13TH September,
2015 10.30am

All members are welcome
at this meeting.

If you are receiving this newsletter by post we no longer have a current email address for you. If you have a current email address please email

lamsar@iinet.net.au

with the heading *Change of email address for TAWA* giving your name and new email address.



OFFICE BEARERS

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TAWA History George Hobson
george@hobson.id.au

TAWA Property Glenda Rayment
glendarayment@gmail.com



Spotted!
Left: Sandra Hampton, Mick Kennedy & Margaret Hill off to the World Transplant Games

Right: Esther at the British Games during 30 July-2 August

