

# TRANSPLANT VOICE

*The newsletter of*

**transplant**  
**australia**  
victoria&tasmania



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ABN 39 107 428 615

July 2016

Chairman: Roxanne Kavanagh 0413 532 551.  
Secretary / Juniors: Brooke Huuskes - 0417 238 468  
Donor Families: Leanne Campbell - 0422 123 014  
Tasmanian Rep: Andrew Gibson - 0424 509 770

Treasurer / Welfare: Karen Knuckey - 0423 021 984  
Newsletter / Membership: Chris Tew - 03 9754 4736  
Community Engagement: Alan Chrystie 1969albear@gmail.com



Transplant Australia Victoria members participating in the Come and Try Archery and Darts Days.

Transplant Australia is supported by the Australian Sports Commission.



Australian Government  
Australian Sports Commission

## DATES FOR YOUR DIARY

July 17 <sup>th</sup> 2016	Ten Pin Bowling, Moorabbin AMF Bowl, 938 Nepean Hwy, Moorabbin. Start 1pm. Details in this newsletter.
August 27 <sup>th</sup> 2016	State Dinner, 'The Village Green', Mulgrave. 6.30pm. Cost \$65 for members, \$70 for non-members. Includes uniform, collection, presentation of the Victorian Team for the ATG, music, dancing and good company!
11 <sup>th</sup> September, 2016	Kidney Health Research Walk. Walks in Melbourne (around the Botanical Gardens) and Launceston (Royal Park). For more information and to register <a href="https://2016researchwalk.gofundraise.com.au/">https://2016researchwalk.gofundraise.com.au/</a> Warm up activities and formal speeches prior to the walk start at 10am.
24 <sup>th</sup> Sep – 1 <sup>st</sup> Oct, 2016	Australian Transplant Games – Western Sydney.
October 30 <sup>th</sup> , 2016	Post Games Awards and Lunch. Windy Hill from 1pm includes finger food lunch.
December 4 <sup>th</sup> , 2106	Christmas Function, Westerfold's Park, Templestowe.
25 <sup>th</sup> June, – 2 <sup>nd</sup> July, 2017	World Transplant Games – Malaga, Spain.
2019	World Transplant Games – Newcastle Gateshead, UK.

It is essential that anyone attending an event RSVP if requested. Numbers are needed for bookings, catering, etc. It becomes really difficult if people just show up unannounced!

**FYI.** An accommodation subsidy is available for financial members travelling over 75km (one way) to attend TA Vic / Tas functions and staying overnight. Please submit your accommodation receipt to the Treasurer Karen Knuckey, 20 Holyrood Ave, Newtown, 3220 for a \$50 rebate. Please include your name and the function attended.

## MEETING DATES FOR 2016

Meetings for 2016 – 21<sup>st</sup> August, 2016 at the Windy Hill Venue, 10am start. Corner of Napier Street and Brewster Street, Essendon. Contact the Secretary if you wish to come along, add things to the agenda or have any questions regarding meetings. Brooke Huuskes [bhuuskes@gmail.com](mailto:bhuuskes@gmail.com) 0417 238 468, Become a social club member at Windy Hill. Collect the membership form at the front desk.



## MEMBERSHIP RENEWALS - Victorian and Tasmanian Members

Family membership is \$30, Single \$20. Donor Families are Free. Living Donors are free, but if the recipient lives in the household and a family membership is requested the fee is \$30.

Transplant Australia has a new Membership Portal powered by RegOnLine. All details can be found at the website <https://regonline.activeglobal.com/register/login.aspx?eventID=1543279&MethodId=0&EventsessionId=> Please pay your membership fees on this system, if you don't have a computer, credit card or do not use your credit card online you will need to renew your membership or join by contacting Chris on 9754 4736 or ringing the Sydney office on 02 9922 5400. This system sends reminders a week before membership needs renewing and also has the direct debit feature. Cheque payments will be processed by the State Treasurer.

**CHECK OUR WEBSITE – [www.transplant.org.au](http://www.transplant.org.au)**

**Facebook - [www.facebook.com/TransplantAustraliaVicTas](http://www.facebook.com/TransplantAustraliaVicTas)**

Any member using the EFT payment system must include their name and reason for payment e.g. Jane Smith, State Dinner. Please email Karen Knuckey, the Treasurer, so she can check / confirm the transaction - [nuckster@ncable.net.au](mailto:nuckster@ncable.net.au)

EFT – Date funds transferred: ..... Transplant Australia Ltd (Vic/Tas)  
BSB 033062 Account 402639 Reference: Your name & "reason for payment"

## WELFARE

Please let our Welfare Officer Karen Knuckey, 0423 021 984, [nuckster@ncable.net.au](mailto:nuckster@ncable.net.au)  
Or one of the committee members knows of any member who is having some problems, there may be some way that TA Vic / Tas can help.

## CARER'S GROUP

Meetings held at the Yarraville Footscray Bowling Club, 339A Francis Street, Yarraville. Starting at 11am  
Next meeting 30<sup>th</sup> July, 2016.

RSVP & enquiries or to arrange private counseling, contact Karen 0423 021 984 or via email [nuckster@ncable.net.au](mailto:nuckster@ncable.net.au)

If you are unable to attend but would like to in future or wish to receive emails, please register your interest.  
Right – a couple of Carers attending the Darts Day. Cathy and Bron.



## DONOR FAMILYS GROUP AUSTRALIA

A Facebook site can be found at - <https://www.facebook.com/groups/219966401436603/>

The webpage is [www.donorfamilies.com/news/](http://www.donorfamilies.com/news/) - you can view the groups' newsletters here.

Join in the discussion with donor families, recipients, read their stories.

Leanne Campbell (Donor Family Coordinator) on 0422 123 014 / [ricklean@tpg.com.au](mailto:ricklean@tpg.com.au) if you need to discuss anything or have questions regarding Donor Families.

## COMMUNITY ENGAGEMENT PROGRAM

Information on how to go about being a 'Community Champion', please contact the CEP Co-ordinator Alan Chrystie [1969albear@gmail.com](mailto:1969albear@gmail.com)

**To donate life, discuss it today. OK For more information visit [www.donatelife.gov.au](http://www.donatelife.gov.au)**

'Thank You' to all members and Friends who stepped up to the plate and volunteered to attend the recent Buddhist Festival. We received a request for help at the very last moment; hope those who attended enjoyed the experience. Alan Chrystie (below in white top) with helpers at the Buddhist Festival.



On July 26<sup>th</sup> there is an Organ and Tissue Promotion Stand, on Market Day, at the Churchill Campus of Federation University, Gippsland. Volunteers are needed between 10am and 2pm (remember you can pick a time if you're not available for the whole time.). Please contact Allan Chrystie if you can help.

Allan Chrystie email: [1969albear@gmail.com](mailto:1969albear@gmail.com) 0427 217 010 (or for more information etc.) and leave your name, time available and contact number / email.

## Random News!!!!

Artificial Kidneys Could Be In Patients By 2020

May 24, 2016 by taz

More than two years ago, scientists at Vanderbilt University told of their intention to build an artificial kidney that could be implanted into the bodies of those suffering renal failure. Now it seems like they could be getting somewhere, with new advances in nanotechnology potentially putting such a lifesaving system within our grasps.

Read the whole article –

SOURCE : <http://www.iflscience.com/health-and-medicine/artificial-kidneys-could-be-patients-2020>

Glasgow, Scotland , Evening News (Caroline Wilson) reports that a 107 year old woman who donated her Corneas after her death, has become Scotland's oldest organ donor. (July 5<sup>th</sup>, 2016) If you wish to read the full article contact Chris [gtew2475@bigpond.net.au](mailto:gtew2475@bigpond.net.au) or 03 9754 4736.



## *State Championship Ten Pin Bowling*



**When:** Sunday 17<sup>th</sup> July, 2016.

**Time:** 12.45pm for a 1.00pm Start

**Where:** Moorabbin AMF Bowl, 938 Nepean Hwy, Moorabbin. Close to the Moorabbin Train Station.

**Price:** \$7 (Adults) \$6 (Juniors) each for members, \$17A / \$16J for non-members.

**Includes:** Two games and shoe hire.

**R.S.V.P.** 11<sup>th</sup> July, 2016 to Roxanne Kavanagh on 0413 532 551,  
or Chris on gtew2475@bigpond.net.au

Leave a message with Name and Number of people (Adults and Juniors) attending, include children using bumpers.

Looking forward to seeing you all there for a fun day of bowling and catching up with friends. This is an event at the Australian Transplant Games, come along for some practice and strike tips!

Please pass this message on to any members you know or drop the flyer off at your hospital clinic. All welcome!!!



## Come & Try Archery – May 15<sup>th</sup>



The Archery Come and Try it Day was a well-attended event; we had two sessions of shooting. Unfortunately there were no split arrows or William Tell apple tricks. Lots of laughter and fun had by all.

Archery is an event at the Australian Transplant Games and will be held at an indoor venue with the small targets (those of you who did it last time will recall doing it outside with large targets.)

Check out the video that Brooke has made of the day.

[https://www.youtube.com/watch?feature=player\\_embedded&v=WQYr\\_w\\_LAedM](https://www.youtube.com/watch?feature=player_embedded&v=WQYr_w_LAedM)



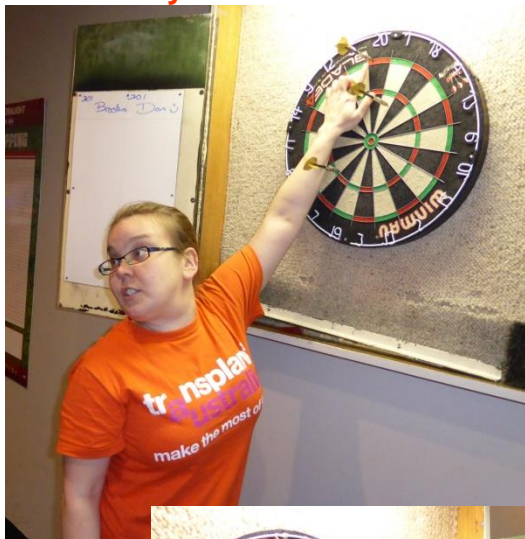
## Tombstone Country Music – May 22nd

Terrific turn out to the Tombstone Fundraiser, many thanks to members who bought / sold raffle tickets (and returned them!) prior to the function. Thanks to the Tombstone Country organisers for hosting TAV each year and putting on a lovely lunch and music afternoon. Thanks also to our members who helped out on the day clearing tables, selling tickets, washing up, etc.... All part of the fun! Frankie won first and third prizes in the raffle and Mary Bawden won second prize!!



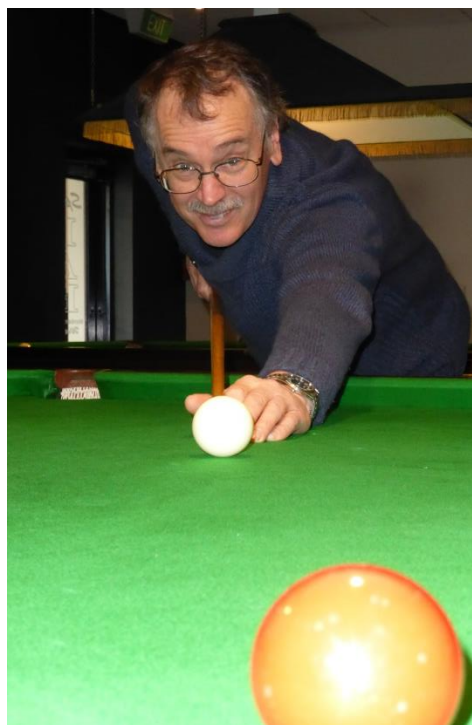


## Come & Try Darts – June – 19<sup>th</sup>



Yes there was a Bullseye!  
Fun day had by all at the Clayton RSL playing Darts and Snooker. Thanks to Brooke for organising the venue.

Darts is an event at the Australian Transplant Games later this year, looks like we have some members right on target!!!



## VALE

Paul Cox, Liver, 2009 passed away in June. Many of you will remember Paul as the Film maker of 'Force of Destiny'

<http://www.abc.net.au/news/2016-06-19/independent-australian-filmmaker-paul-cox-dies/7524034>

Condolences to his family and friends.



### Australian Transplant Games 2016 – Western Sydney.

The schedule for the week is on the table below.

Check <http://www.australiantransplantgames.com/> for all the latest information on the Games.

The online Registration is up and running now. This time you can register early and pay a deposit rather than all money up front. Once you have registered it is possible to go in and alter anything if needed up until closing 02 995400 or 1800 827 757 or email [contactus@transplant.org.au](mailto:contactus@transplant.org.au)  
Check the website now to order the souvenir T-Shirt which has your name and transplant years on it. <http://transplant.org.au/product/transplant-australia-t-shirt-2/> You can order one even if you are not attending the games

### 21st World Transplant Games, Malaga, Spain 2017

Start Date 25<sup>th</sup> June 2017

End Date 2<sup>nd</sup> July 2017

The WTGF President and Council are pleased to announce that the 21st World Transplant Games will be held in Malaga, Spain in 2017.

Keep these dates in your Diary if you are interested in these games. Details will be circulated as they become available.

The World Transplant Games Federation current newsletter is available to read. See link - .  
[http://www.wtgf.org/core/core\\_picker/download.asp?id=1572&filetitle=TransplantWorld+1%](http://www.wtgf.org/core/core_picker/download.asp?id=1572&filetitle=TransplantWorld+1%2C+2016)

[2C+2016](http://www.wtgf.org/core/core_picker/download.asp?id=1572&filetitle=TransplantWorld+1%2C+2016)



The 2019 World Transplant Games has been awarded to Newcastle Gateshead in the UK. The Council would like to formally thank Newcastle Gateshead and Houston USA for their outstanding bids and commitment to promoting organ and tissue donation through the World Transplant Games. (Chris Thomas, WTGF President)

### Transplant Football (Soccer not AFL) Club

A new Transplant Football Club has been established

Managing the new club is Matty Hempstalk, he can be reached at [footballclub@transplant.org.au](mailto:footballclub@transplant.org.au) Contact him if you are interested in being a player, volunteer or would like to watch. If you are not online please call the Sydney Office on 1800 827 757 or 02 9922 5400.

Check the Facebook page too <https://www.facebook.com/transplantaustaliafc/>

Photo of the team that played in Brisbane , first weekend in July against Prince Charles and Princess Alexandra Hospitals. The charity match was a curtain-raiser to t clash between Brisbane City FC & Western Pride FC.





## CONGRATULATIONS.

Congratulations to member recipients who reach the following milestones in February and March.

### June

Martin Chiew, Kidney, 18 years  
Tamaryn Stevens, Kidney, 11 years  
Graham McLauchlan, Kidney, 10 years.

Jeannette Steward, Kidney, 11 years  
Carolyn Kurul, Kidney, 10 years

### July

Alan Rawson, Kidney, 25 years  
Tony Harding, Liver, 18 years  
Anthony Lopes, Kidney, 12 years  
Lesley Anderson, Kidney / Pancreas, 10 years

John Forsyth, Bone Marrow, 21 years  
Darrell Morgan, Kidney, 13 years  
Ken Pedlow, Kidney, 11 years

### August

Barbara Haggett, Kidney, 25 years  
Mitchell McAlpine, Liver, 23 years  
Seona Martin, Kidney, 19 years

Patricia Still, Liver, 24 years  
Janet Hammond, Liver, 21 years  
Belinda Willoughby, Kidney / Pancreas, 11 years

Well done to all and wishing you all good health and many more transplant years!

Thanks to all Living Donors and Donor families.

Apologies for messing up the April / May Anniversaries (put in the wrong parameters!) One very notable Anniversary is featured below. Congratulations to Margaret Cochrane.

## EXCITING 40 YEAR MILESTONE



Margaret Cochrane received a Kidney Transplant 40 years ago in April 1976.

Margaret has definitely 'Made The Most of Life' and is great example of life after a transplant.

She participated in the very first Australian Transplant Games in Melbourne, 1988, in the Women's Tennis winning Bronze in the Singles and Gold in the Doubles. She has participated in numerous games since (Toowoomba, Bathurst, Shepparton, Adelaide, Wollongong ...) and was a spectator at the last Australian Games in Melbourne, 2014. Marg is also a talented Table Tennis player and has won medals in

that event too.

Margaret has also been to the World Transplant Games as a Tennis player. She can be seen with other Team members waving her hat in Singapore (Front left), she won a Gold Medal in Doubles Tennis. Other World Games include Vancouver, winning a Silver medal in the Tennis Singles.

Margaret and husband Gil have promoted Organ and Tissue Donation in the community – especially country areas, for most of the 40 years. Both are seen above at a Transplant Victoria dinner. Marg was one of the Transplant Recipients who rode their bikes from Launceston to Hobart to raise awareness of Organ and Tissue Donation.

Margaret and her family are very grateful to her kidney donor and her donor's family for the gift that has allowed her to see her children grow up, grandchildren arrive, live an enjoyable and productive life for an amazing 40 years.







# STATE DINNER

**Village Green Hotel, Corner of Springvale & Ferntree Gully Roads, Mulgrave**

**Saturday, 26<sup>th</sup> August, 2016 from 6.30pm**

**Dress: Semi formal.**

**BUFFET DINNER**

**Drinks purchased from the Bar.**

**\$60 members, \$70 non members**

Come along and share an enjoyable evening of music, dancing with friends, family and fellow members.

Presentation of the Victorian Team participating in the Australian Transplant Games and uniform collection.

**RSVP 10<sup>th</sup> August 2016**

Enquiries: Karen Knuckey 0423 021 984, [nuckster@ncable.net.au](mailto:nuckster@ncable.net.au)

Please return form & payment to 20 Holyrood Ave, Newtown 3220

NAME:

PHONE OR EMAIL:

NUMBER OF MEMBERS: ..... NUMBER OF NON MEMBERS: .....

Please print the names of those attending on the back of this form / email if paying by EFT.  
Bookings will not be accepted without names of guests.

DIETARY REQUIREMENTS / ALLERGIES:

TOTAL AMOUNT ENCLOSED / EFT: \$.....

**ALL PAYMENTS MUST BE MADE PRIOR TO THE EVENT.**

☐ Cheque or Money Order payable to  
"Transplant Australia Ltd"

☐ EFT – Date funds transferred:  
Transplant Australia Ltd (Vic/Tas) BSB 033062  
Account 402639 Reference: Your name & "Dinner"