

# TRANSPLANT VOICE

The newsletter of

transplant  
australia  
victoria&tasmania



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ABN 39 107 428 615

April 2016

Chairman: Roxanne Kavanagh 0413 531 551.  
Secretary / Juniors: Brooke Huuskes - 0417 238 468  
Donor Families: Leanne Campbell - 0422 123 014  
Tasmanian Rep: Andrew Gibson - 0424 509 770

Treasurer / Welfare: Karen Knuckey - 0423 021 984  
Newsletter / Membership: Chris Tew - 03 9754 4736  
Community Engagement: Alan Chrystie 1969albear@gmail.com

## CHAIRMANS REPORT – ROXANNE KAVANAGH



On Sunday 17 April, 22 people gathered at Diamond Valley Sports and Fitness Centre in Greensborough to try table tennis and find out who had the most talent. It was not a day of stress or competition, but fun and laughter and a good catch up for everyone.

A big thank you to Dan who ran the table draw and make sure everyone had sufficient practice. And to Brooke who captured the event on film.

Thanks to those people who came along and I hope that if you found Table Tennis to be for you, that you enter it in the Western Sydney Games.

Roxanne Kavanagh  
Chair - Transplant Vic/Tas

Transplant Australia is supported by the Australian Sports Commission.



Australian Government  
Australian Sports Commission

## DATES FOR YOUR DIARY

- April 30<sup>th</sup> 2016 Tasmanian Picnic. Details in this newsletter.
- May 15<sup>th</sup>, 2016 Come and Try Archery. Arrow Plus, 17 Wallace Ave, Point Cook. From 12 noon. RSVP to Karen Knuckey with numbers of attendees 0423 021 984 or via email [nuckster@ncable.net.au](mailto:nuckster@ncable.net.au)
- May 16<sup>th</sup> 2016 TA's Annual General Meeting will be held in Sydney (on a Monday) at the RPA Hospital, Camperdown 6.0pm to 7.00pm. Members will receive notification via email only from the office. This means if you are not on email you will get nothing. Please ring the office if you want to submit proxies, questions or if you want a copy of the Annual Report. Call 1800 827 757 or 02 9954 6412.
- May 22<sup>nd</sup> 2016 Tombstone Country Music. Starts from 11.30am. See the details in this newsletter.
- May 28<sup>th</sup> 2016 25<sup>th</sup> Anniversary Service of Remembrance. RMIT Storey Hall Auditorium, Building 16, 336 Swanston Street, Melbourne. 2pm start. One guest speaker will be Celia Browne, mother of a Kidney recipient Geoff and Donor Family – donating son David's organs in 1998. Celia started this Service with the help of the Australian Kidney Foundation (now Kidney Health Australia). It is now organised by Donatelife and held Nationwide.
- June 4<sup>th</sup> 2016 Carers Group. Check this newsletter.
- June 19<sup>th</sup>, 2016 Come and Try Darts. TBA
- July 17<sup>th</sup> 2016 Ten Pin Bowling, Moorabbin AMF Bowl, 938 Nepean Hwy, Moorabbin. Start 1pm.
- August 27<sup>th</sup> 2016 State Dinner, The Village Green, Mulgrave. 6.30pm. Cost \$65 for members, \$70 for non-members. Includes uniform, collection, presentation of the Victorian Team for the ATG, music, dancing and good company!
- 24<sup>th</sup> Sep – 1<sup>st</sup> Oct, 2016 Australian Transplant Games – Western Sydney.
- October 30<sup>th</sup> 2016 Post Games Lunch and Awards Day. Windy Hill Venue, 1pm start. Finger food lunch .Details closer to the date. Committee Meeting to be held from 10am.
- November 27<sup>th</sup> 2016 Christmas Function. Westerfold's Park, Templestowe. Lovely walking and Bike Riding paths in this park!
- 25<sup>th</sup> June, – 2<sup>nd</sup> July, 2017 World Transplant Games – Malaga, Spain.

It is essential that anyone attending an event RSVP if requested. Numbers are needed for bookings, catering, etc. It becomes really difficult if people just show up unannounced!

**FYI.** An accommodation subsidy is available for financial members travelling over 75km (one way) to attend TA Vic / Tas functions and staying overnight. Please submit your accommodation receipt to the Treasurer Karen Knuckey, 20 Holyrood Ave, Newtown, 3220 for a \$50 rebate. Please include your name and the function attended.

## MEETING DATES FOR 2016

Meetings for 2016 –. 19<sup>th</sup> June prior to the Darts, 21<sup>st</sup> August, 10am at the Windy Hill Venue, Corner of Napier Street and Brewster Street, Essendon. Contact the Secretary if you wish to come along, add things to the agenda or have any questions regarding meetings. Brooke Huuskes [bhuuskes@gmail.com](mailto:bhuuskes@gmail.com) 0417 238 468.

Become a social club member at Windy Hill. Collect the membership form at the front desk.



## MEMBERSHIP RENEWALS - Victorian and Tasmanian Members

Family membership is \$30, Single \$20. Donor Families are Free. Living Donors are free, but if the recipient lives in the household and a family membership is requested the fee is \$30.

Transplant Australia has a new Membership Portal powered by RegOnLine. All details can be found at the website <https://regonline.activeglobal.com/register/login.aspx?eventID=1543279&MethodId=0&EventSessionId=>

Please pay your membership fees on this system, if you don't have a computer, credit card or do not use your credit card online you will need to renew your membership or join by contacting Chris on 03 9754 4736 or ringing the Sydney office on 02 9922 5400. This system sends reminders a week before membership needs renewing and also has the direct debit feature. Cheque payments will be processed by the State Treasurer.

### CHECK OUR WEBSITE – [www.transplant.org.au](http://www.transplant.org.au)

#### Facebook - [www.facebook.com/TransplantAustraliaVicTas](http://www.facebook.com/TransplantAustraliaVicTas)

Any member using the EFT payment system must include their name and reason for payment e.g. Jane Smith, State Dinner. Please email Karen Knuckey, the Treasurer, so she can check / confirm the transaction - [nuckster@ncable.net.au](mailto:nuckster@ncable.net.au)

////////////////////////////////////  
EFT – Date funds transferred: ..... Transplant Australia Ltd (Vic/Tas)  
BSB 033062 Account 402639 Reference: Your name & “reason for payment”  
////////////////////////////////////

## Entertainment Book fundraiser.

We are selling the Entertainment Book again this year. Check out the website to order or see what each book has on offer. <https://www.entertainmentbook.com.au/orderbooks/18518h5>

Melbourne Book \$65, Geelong & Ballarat (including the Surf Coast, Bellarine Peninsular, Daylesford +) \$60.

For our Tasmanian members – Hobart & Surrounds \$65, Launceston, North West Tasmania & Surrounds \$65.

(Money raised by Tasmanian sellers will be kept for Tasmanian future use!)

You can order other books if you like i.e. going on holidays get a book for that State / region or New Zealand!

Note: If you tick 'collect' you will need to collect from Chris in Upwey, Victoria or attend a TA Vic function.

## WELFARE

Please let our Welfare Officer Karen Knuckey, 0423 021 984, [nuckster@ncable.net.au](mailto:nuckster@ncable.net.au)

Or one of the committee members knows of any member who is having some problems, there may be some way that TA Vic / Tas can help.

## CARER'S GROUP

Meetings held at the Yarraville Footscray Bowling Club,

339A Francis Street, Yarraville. Starting at 11am

Saturday 4<sup>th</sup> June.

RSVP & enquiries or to arrange private counseling, contact Karen 0423 021 984 or via email [nuckster@ncable.net.au](mailto:nuckster@ncable.net.au)

If you are unable to attend but would like to in future or wish to receive emails, please register your interest.

## DONOR FAMILYS GROUP AUSTRALIA

A Facebook site can be found at - <https://www.facebook.com/groups/219966401436603/>

The webpage is [www.donorfamilies.com/news/](http://www.donorfamilies.com/news/) - you can view the groups' newsletters here.

Join in the discussion with donor families, recipients, read their stories.

Leanne Campbell (Donor Family Coordinator) on 0422 123 014 / [riclean@tpg.com.au](mailto:riclean@tpg.com.au) if you need to discuss anything or have questions regarding Donor Families.

## PHOTOS & VIDEOS

At the majority of our functions photos or videos are taken for use in the Newsletter, on our Facebook site or for use by the TA office on the website. If you do not want to be included in photos / videos please let us know. This includes your family members too. Some members have opted for allowing photos and using only Given names.

## NEWS FROM TASMANIA



### TA Board appoints Dr Antony Harding as Country Representative to the World Transplant Games Federation.

The Board of Transplant Australia has appointed Life Member, Dr Antony Harding, as Country Representative to the World Transplant Games Federation for 2016 and 2017.

CEO Chris Thomas recommended Dr Harding's appointment

to ensure Transplant Australia continued to have a strong voice to the Federation, particularly from the transplant recipient perspective.

Mr Thomas has been the Country Representative for the past nine years but with his election as President of the Federation it was beneficial to separate these roles.

TA Tasmania Picnic – Saturday 30<sup>th</sup> April, 2016. All Welcome



**Tasmanian Recipient and Donor Family  
Get Together, Picnic and Games Day**

**12 noon Saturday 30th April 2016**

**Valentines Park, High Street Campbelltown**

**BYO Food and Drinks**  
Or  
**Remember, Campbelltown has lots of great takeaways**



For more information or to R.S.V.P contact either  
Andrew Gibson on 0424509770  
Or  
Kelly Read on 0408073237  
Email [kellyread13@gmail.com](mailto:kellyread13@gmail.com)



### Vale –David Taylor (Double Lung)

David was an enthusiastic participant in Transplant Games and a great role model for transplantation. He attended games in Newcastle and Melbourne and like the slogan 'make the most of life' he was willing to have a go at many activities. Our Condolences to his wife Anne, family and friends.

## COMMUNITY ENGAGEMENT PROGRAM

Information on how to go about being a 'Community Champion', please contact the CEP Co-ordinator Alan Chrystie [1969albear@gmail.com](mailto:1969albear@gmail.com)

To donate life, discuss it today. OK For more information visit [www.donatelife.gov.au](http://www.donatelife.gov.au)

## Promoting Organ and Tissue Donation Awareness during Orientation Week at Universities.

Thank You to all members and friends of Transplant Australia Vic / Tas who gave up their time to 'man the stands' at various universities around the state during Orientation Week (s). I have attached the Donateline newsletter which has an article on the week with some photos. More than 350 students signed up (and still counting as forms are posted in!) Many forms were taken home and a huge numbers are already signed up – that means the message is getting across! Thanks to Allan Chrystie, Marg Beattie of TA Vic and Phoebe Reid (Donateline) who coordinated the venues and volunteers.



## COME & TRY TABLE TENNIS DAY

This was held at the Diamond Valley Sports and Fitness Centre and it looked like a good time was had by all participants. Check out the photos!





## Australian Transplant Games 2016 – Western Sydney.

Check <http://www.australiantransplantgames.com/> for all the latest information on the Games.

The online Registration is up and running now. This time you can register early and pay a deposit rather than all money up front. Once you have registered it is possible to go in and alter anything if needed up until closing. Emails asking you to register are being sent out by the Sydney office, if you haven't received yours or you are not on email ring them on

02 995400 or 1800 827 757 or email [contactus@transplant.org.au](mailto:contactus@transplant.org.au)

Check the website now to order the souvenir T-Shirt which has your name and transplant years on it. <http://transplant.org.au/product/transplant-australia-t-shirt-2/> You can order one even if you are not attending the games.

Victorian Team Uniforms can be ordered through Karen Knuckey, Tasmanian members who require uniform will need to contact Karen (do not use the Victorian Order Form please.) Form is at the end of the newsletter.

A new event at the Games is the Triathlon; this will be held as part of the Penrith Triathlon Clubs September Race on Saturday September 25<sup>th</sup>. Adult and Junior Categories, Recipients and Supporters.

<http://www.australiantransplantgames.com/announcing-australias-first-ever-transplant-triathlon/>

**Remember you must be a financial member of Transplant Australia to participate in these games.**



**MÁLAGA · SPAIN**  
WORLD TRANSPLANT GAMES 2017

### **21st World Transplant Games, Malaga, Spain 2017**

Start Date 25<sup>th</sup> June 2017

End Date 2<sup>nd</sup> July 2017

The WTGF President and Council are pleased to announce that the 21st World Transplant Games will be held in Malaga, Spain in 2017. <http://wtgmalaga2017.com/en/>

Keep these dates in your Diary if you are interested in these games. Details will be circulated as they become available.

A new copy of the TransplantWorld Journal is now on line (from the World Transplant Games Federation) Open <http://www.wtgf.org/> and scroll down!

## **CONGRATULATIONS.**

Congratulations to member recipients who reach the following milestones in April and May:

### April

Geoff Bowen, Liver, 22 years  
Dallas Barr, Kidney, 14 years

Jan Coates, Cornea, 20 years  
Steven Kinson, Double Lung, 4 years.

Andrea Bryce, Kidney, 19 years

### May

Justine Travers, Kidney, 35 years  
Wayne Kelly, Kidney, 22 years

Alan O'Meara, Liver, 25 years  
Raymond, Moyes, Kidney, 17 years.

## **MEDIA**



Brian Guy received a heart and double lung transplant.

Brian Guy (Heart 8 years ago) featured in a news article in the Wyndham Leader 22/03/2016. His message was 'Timely Discussion May Save Lives' a perfect message to pass on to the community. (I can email a copy to anyone who has trouble reading this article. [gtew2475@bigpond.net.au](mailto:gtew2475@bigpond.net.au))

A HOPPERS Crossing dad is finally able to breathe easy after receiving a lifesaving organ transplant and is urging others to discuss donation.

Transplant recipient Brian Guy's call came as figures revealed growing numbers of Wyndham residents registered as organ donors.

Roughly one in 11 people is signed up to be an organ donor.

The father of two underwent a marathon double lung and heart transplant operation eight years ago.

Without the transplant he wouldn't have lived to see his two children (now in their teens) grow up, Mr Guy said.

The IT professional suffered from sarcoidosis, a rare condition in which abnormal growths can destroy lung function and seriously damage the heart.

"I was very sick before the operation. But, like a typical bloke, I didn't want to acknowledge how sick I really was," the 51-year-old said.

The former chef was forced to give up the physically demanding job because of his illness and switched to a career in IT.

Almost a decade after the successful operation he urged others to register to donate their organs.

"It's given my life back, and given my family a normal life. We're able to travel and do things together and I am forever grateful to the person that made the decision to donate," Mr Guy said.

He pleaded with registered donors to discuss their choice with their families, to make sure their wishes were carried out.

# TOMBSTONE COUNTRY

SHAWS ROAD, TEESDALE

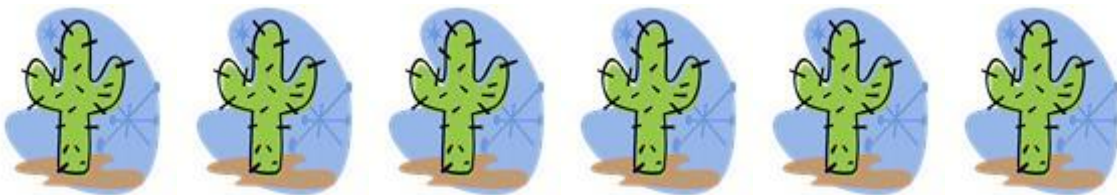


SUNDAY 22<sup>ND</sup> MAY 2016 from 11.30am

COST: \$5 per person

BYO Drinks - BBQ lunch for purchase

This is a family friendly fundraiser for the Sydney Games so come along and enjoy the live music and country atmosphere.



Please contact Karen Knuckey if you are intending on coming along as helpers are required on the day – [nuckster@ncable.net.au](mailto:nuckster@ncable.net.au) or 0423 021 984

We need prize donations, they can be given to any committee member and we need to receive them by the end of -April. We mostly need items to be auctioned, including hampers. (Contact Karen if you need to make arrangements.)

Hamper themes are: Italian (food!), Chocolate, Gardening.

A book of raffle tickets will be sent out soon. We hope that you can support this event even if you are unable to attend.

This is a fun day of music, BBQ lunch, endless tea and coffee, spinning wheel, auctions and raffles. Bring some friends and enjoy the day.



**Victorian Team Uniform Order Form, 2016**

Payments can be made by crossed cheque or postal order made out to Transplant Australia Ltd

These are to be sent to Karen Knuckey, 20 Holyrood Ave, Newtown 3220

**Orders need to be in by 1st JULY 2016**

Keep a copy of your order form. **Victorian uniforms are to be collected at the State Dinner - 27th August 2016**

Please write the quantities that you require under the size needed.

**ADULT ORDER FORM**

Track Suit		S	M	L	XL	2XL	3XL	4XL	5XL	cost per item	Cost	
Adults Top										\$50.00		
Adult Pants										\$30.00		
Team Polo Shirts		XS	S	M	L	XL	2XL	3XL				
Short Sleeve										\$40.00		
Long Sleeve										\$44.00		
Hoodie		Sizes	S	M	L	XL	2XL	3XL				
										\$40.00		
Team Spray Jackets		Sizes	S	M	L	XL	2XL	3XL				
										\$40.00		
Slouch Hats		Sizes	55cm	57cm	59cm	61cm						
										\$10.00		
Polar Fleece Vest		Sizes	S	M	L	XL	2XL	3XL	4XL	5XL		
											\$33.00	
Polar Fleece Jacket - Full Zip		Sizes	S	M	L	XL	2XL	3XL	4XL	5XL		
											\$45.00	
Singlet - Men		Sizes	S	M	L	XL	2XL	3XL				
											\$30.00	
Singlet - Women		Sizes	S	M	L	XL	2XL	3XL				
											\$30.00	
Sport Bag - One Size		Quantity	(Circle)	1	2	3						
										\$32.00		
		<b>THANK YOU</b>		<b>TOTAL COST (GST inc)</b>						<b>\$</b>		

**JUNIOR ORDER FORM**

VICTORIAN

Track Suit										cost per item	Cost	
Children's Top				6	8	10	12	14		\$50.00		
Children's Pants				6	8	10	12	14		\$30.00		
Team Polo Shirts		Children	Sizes	4	6	8	10	12	14			
Short Sleeve										\$40.00		
Long Sleeve										\$44.00		
Hoodie		Sizes		4	6	8	10	12	14			
										\$40.00		
Team Spray Jackets		Sizes		4	6	8	10	12	14			
										\$40.00		
Polar Fleece Jacket - Full Zip		Sizes		4	6	8	10	12	14			
										\$40.00		
Sport Bag - One Size		Quantity	(Circle)	1	2	3						
										\$32.00		
		<b>THANK YOU</b>		<b>TOTAL COST (GST inc)</b>						<b>\$</b>		

Write your details below

Name \_\_\_\_\_

Phone \_\_\_\_\_

Are you attending the 2016 GWS Australian Transplant Games?

Yes