

Mental Wellbeing for Transplant Recipients

An important online discussion panel for transplant recipients.

Key Topics include dealing with:

- **Survive Guilt**
- **Medication side effects**
 - Getting depressed or angry
- **Social engagements**
- **Ongoing medical issues**
- **Emerging out of lockdown**
- **Relationships**

This will be run in Q&A format so if you have any questions, please email matty.hempstalk@transplant.org.au before the meeting.

Speakers

Facilitator:

Matty Hempstalk

- Transplant Australia

Panel:

Katherine De Maria

- Clinical Psychologist, Princess Alexander Hospital, Transplant Unit.

Cathy Martin

- Advanced Clinical Social Worker, Princess Alexander Hospital, Transplant Unit.

Wednesday 20th, October 2021

7.30pm - NSW, VIC, TAS

7.00pm - SA

6.30pm - QLD

6.00pm - NT

4.30pm - WA

To register scan here or visit www.transplant.org.au

