

Friday 18th June Coolangatta- Pottsville Lunch 29kms
Pottsville- Myocum Dinner 35.5kms total day one 64.5kms

Saturday 19th June Myocum- Lennox Head Lunch 32.9kms
Lennox Heads to Woodburn 48.6kms total day two 81.5kms

Sunday 20th June Woodburn- Woombah 43kms
Woombah- Tyndale 29kms total day three 72kms

Monday 21st June Tyndale- Grafton 28kms
Grafton- Glenreagh 45kms total day four 73kms

Tuesday 22nd June Glenreagh -Coffs 37kms
[Point Danger to Hibbards Pty Ltd - Google Maps](#) 328kms
Coffs- Urunga 28.7kms total day five 65.7kms

Wednesday 23rd June Urunga- Macksville 31.3kms
Macksville- Frederickton 46kms total day six 77.3kms

Thursday 24th June Frederickton- Cooperabung 35kms
Cooperabung- PMQ 31kms total day seven 66kms

Friday 25th June Cooperabung- Lighthouse Beach PMQ 31km
Lighthouse Beach- Diamond Head Camp Ground 35kms total day Eight 66kms

Saturday 26th June Diamond Head- Harrington 25kms
Harrington -Cooperook 14kms
Cooperook - Taree 25kms. Total day Nine 68kms

[Hibbards Pty Ltd to McDonald's Taree South Service Centre - Google Maps](#) 275kms

Sunday 27th June Taree- Nabiac via breakneck road 30.3kms
Nabiac – Bulahdelah 41.6kms total day Ten 71.9kms

Monday 28th June Bulahdelah – Karuah 46.1kms
Karuha- Williamton via Medowie 30kms total day eleven 76.1kms

Tuesday 29th Williamtown – Hillsborough via Hexham, Jesmond 36kms
Hillsborough – Lake Munmorah 34kms total day twelve 70kms

[McDonald's Taree South Service Centre to Lake Munmorah NSW - Google Maps](#) 218kms

Wednesday 30th Lake Munmorah- Terrigal 35.4kms
Terrigal -Mt white 34.5kms total day thirteen 69.9kms

Thursday 1st July Mt White – Berowra 27.6kms
Berowra – MacArthur Ave Crows Nest 32kms total day fourteen 60.1kms

Final Day MacArthur Street – Opera House 6klms.

[Lake Munmorah NSW to Sydney Opera House - Google Maps](#) 136kms

After Fourteen Days 957 kms avg 68.35kms per day.

