

# MELBOURNE

## ALBERT PARK TRAINING DAY

All transplant recipients, donors & families welcome



**FREE**

for all transplant  
recipients, donors  
& families

Let's get serious about having fun and being active! Join in first Melbourne training weekend at Albert Park on Saturday 15<sup>th</sup> & Sunday 16<sup>th</sup> October 2022

Come and try some new activities, get some tips for the ones you love with professional coaching, and make new friends within the transplant community!

All ages from 4-80+, all abilities & fitness levels are welcome! Partners and families are also encouraged to participate!

And of course, if you are planning on attending the World Transplant Games in Perth next year, you will have a good training session and meet your teammates!

### Schedule

Sat 4pm - Ten Pin Bowling @ Wyncity Bowl, Point Cook  
Sun 8am - Racewalk/walking/5km run @ Albert Park  
Sun 10am - Swimming, table tennis @ MSAC  
Sun 2pm - Social lawn bowls @ Middle Park Bowls Club

Cost: FREE to all transplant recipients & their families



**REGISTER  
HERE**



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australia**  
make the most of life.

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