

# MELBOURNE

## ALBERT PARK TRAINING DAY

All transplant recipients, donors & families welcome



Let's get  
mind body community  
**transplant**  
**active**

**FREE**

for all transplant  
recipients, donors  
& families

Let's get serious about having fun and being active!  
Join in our first Melbourne training day at Albert Park  
on Sunday 16<sup>th</sup> October 2022

Come and try some new activities, get some tips for the  
ones you love with professional coaching, and make new  
friends within the transplant community!

All ages from 4-80+, all abilities & fitness levels are  
welcome! Partners and families are also encouraged to  
participate!

And of course, if you are planning on attending the World  
Transplant Games in Perth next year, you will have a good  
training session and meet your teammates!

### Schedule

8am - Racewalk, walking, 5km run @ Albert Park

10am - Swimming, table tennis @ MSAC

2pm - Social lawn bowls @ Middle Park Bowls Club



**SPORT**  
**AUS**

**REGISTER**  
**HERE**



Enquiries: [Julie.scudds@transplant.org.au](mailto:Julie.scudds@transplant.org.au)

**transplant**  
**australia**  
make the most of life.