

# CAMP INFORMATION

Welcome to the 2023 Transplant Active Camp for junior transplant recipients supported by Transplant Australia (WA) and Lotterywest.

The aim of the camp is to provide a safe place for transplant kids to make friends and foster peer relationships that would not otherwise be possible. We found that after our first camp, the kids have enjoyed a continued friendship group and regularly socialise together, providing them with a support network of peers.

The camp will again be in two parts:

1. **Teen Activity Camp (10–17-year-olds) 4pm Friday 8<sup>th</sup> Dec – 12pm Sun 10<sup>th</sup> Dec.**
2. **Kids Activity Morning (4–9-year-olds) 9am – 12pm Sunday 10<sup>th</sup> Dec**

- At the conclusion of the camp on Sunday 10<sup>th</sup> Dec, all junior recipients and their families are invited to attend the **Transplant Australia (WA) Christmas Picnic** at Whitford Nodes Park from 12.30 onwards.

The camp will commence on Friday 8<sup>th</sup> December 2023 at 4.00pm at the Ern Halliday Recreation Campsite. This booklet provides you with detailed information and will greatly assist your child successfully prepare for camp.

## Location:

Ern Halliday Recreation Camp  
Whitfords Avenue  
HILLARYS WA 6025  
Ph +61 8 9492 9788  
Fax +61 8 9402 3422

Ern Halliday is located on the beach in Hillarys, approximately 20kms north of the Perth CBD and 1.5kms north of the famous Hillarys Boat Harbour.



## Directions From the north:

Exit the Mitchell Fwy at Whitfords Avenue, turn right and head towards the coast.

- Whitfords Avenue will turn south and begin to follow the coast.
- Turn left into the camp's entry. The entry is the first left hand turn after Flinders Avenue.

## From the south:

Exit the Mitchell Fwy at Hepburn Avenue, turn left and head towards the coast.

- At the large roundabout at the entry to Hillarys Boat Harbour, turn right and continue along Whitfords Ave straight through another two roundabouts.
- Turn right into the camp's entry. The entry is the first right hand turn after Angove Drive.

# CAMP INFORMATION

Ern Halliday Recreation Camp is a special place where Western Australians of all ages can participate in unique and exciting outdoor recreation activities within the Perth metropolitan area. For our junior transplant recipients, it is a unique opportunity to meet and get to know other people their own ages with shared experiences and enjoy a weekend without being self-conscious about their medical needs.

## Staff & Volunteers attending camp.

We have a wonderful team of adult volunteers who are looking forward to the camp comprising of TAWA members, recipients & volunteers, all of whom have a current WWC Check and national police clearance.

All camp staff are required to have Working with Children Checks and a National Police Clearance. All instructors and full-time camp staff also have Senior First Aid qualifications or equivalent. Instructors or camp staff involved in specialist recreation program instruction (roping, paddling, water) hold additional qualifications for that discipline and have been formally inducted on the program at Ern Halliday camp by senior camp staff.

## Permission Forms and Health Forms

Permission and medication forms for the camp have been emailed to you for completion and return by **1<sup>st</sup> November 2023**. We have also included a Covid-19 action plan to be acknowledged. There will be some important parts to this, such as the rules we need to follow in relation to attendee illness and testing for Covid-19.

The following will need to be returned by 1<sup>st</sup> November 2023.

- Parent Permission Form
- Confidential Emergency Information (2 pages)
- Medication Management Plan

## The Itinerary

We have attached the itinerary outlining the activities and experiences that we will all be enjoying whilst on camp. As you can see, it is action packed with lots of fun experiences. *\*Activities may vary slightly from those listed, depending on participant numbers.*

## The Cost

The Transplant Active Camp weekend is generously supported by Lotterywest, however there is a \$30 fee per person to cover incidental costs. You will be invoiced this amount on confirmation of registration, with payment due by 1<sup>st</sup> November 2023. If your circumstances change and your child is not able to attend camp, please let us know as soon as possible.

The Kids Activity Day on Sunday 10<sup>th</sup> December is **FREE** – no cost involved for those aged 4-9 years.

## Welcome Pack

All camp and activity day attendees will be given a welcome pack, comprising of a backpack with T-shirt, water bottle, hat, and lots of other goodies.

## Packing List

In this booklet we have also included the Packing List. It is important that attendees do have clothing that is appropriate to the weather and our activities. There are several physically active experiences on our itinerary so please ensure that your child has their runners and clothes that are suitable to run and climb in.

## The Camp Facilities

Situated on 28 hectares of 'A' class reserve only 20km north of the city centre and right on the shores of the Indian Ocean, the camp is home to one of the largest range of outdoor recreational activities in Western Australia. Being located right on the beach also lends itself to a large variety of aquatic—based activities, as well as basketball, cricket and volleyball nets that are always available.

## Meals

The Centre has a fulltime permanent caterer, with catering being provided through Accolade Catering. They are very experienced and extremely flexible towards clients needs regarding catering including special dietary needs.

## Medications

Staff will be supervising all medications over the weekend, where it will be stored appropriately and administered as per the medication forms you will be required to complete. If your child can administer their own medication, you can indicate this on the medication form.

## Accommodation

We will be staying in the Port and Starboard dormitories, the newest accommodation area on site. The facility consists of two identical dormitories, Port and Starboard which hold 28 people each and both are fully accessible by wheelchair.

## Inclusivity

Ern Halliday Recreation Camp strives to be inclusive through programs and its facilities. All accommodation and dining areas, excluding the Spinnaker living area and Windmill area, provide wheelchair access and ablutions suitable for wheelchair use. If you have special requirements, please contact us to ensure the site is suitable. Many of the recreation programs can also be modified to include all participants.

## Camp Based Activities

Outdoor recreation programs include team building activities, trust, initiative and motivational games, with the overriding philosophy of team development, fun and enjoyment. The camp will include the following activities:

- **Escape the Night** - is a night, team game-based activity. Participants are required to seek out and collect various objects scattered around the camp site. Participants will need to work in teams to find items, however the search may be hindered as rangers (teachers, adults, or instructors) may spot them while they are looking for items. This program can be modified to accommodate participants with mobility restrictions.
- **Lost Pilot** - Using CB radios and navigation skills find the remnants of a helicopter crash without being taken prisoner by the Ern Halliday staff. Once all remnants have been located, track down the lost pilot and bring him to safety. A great team building program.
- **Caving** - Crawl 280m in the first artificial cave system built in Perth with qualified staff. In complete darkness, attempt Zorro's tunnel, the Maze as well as an underground tunnelling system. Head torches and helmets supplied. *(For those that do not like enclosed spaces, an alternate activity can be arranged).*
- **Paddling** - Using sit-on-top paddle craft, learn the basics behind paddling then use this knowledge to paddle along the coast of the Indian Ocean with qualified staff. All equipment is supplied. Dual sit-on-top crafts are also available for hesitant paddlers or participants with a disability.
- **Beach Team Building** - Purpose designed for initiative beach activities without going into the water. Qualified instructors will run uniquely styled beach games with a splash of a difference. A great introduction into team building activities. Can be modified to suit mobility restrictions.
- **Flying Fox** - starting 5m up, zoom down two 80m long flying foxes. Jump off backwards, try x-man or cannon ball. Confront your fears with our qualified staff. Can be modified to suit mobility restrictions.
- **Orienteering** - In over 28 hectares of coastal bushland use our maps to navigate to the 22 orienteering markers located within the Ern Halliday Recreation Camp. Will you have enough time to find them all?
- **Crate Climb** - In your team, design, build and then climb a 6–9m structure using only crates whilst being safely belayed on rope by a qualified instructor. Can you reach the sky on milk crates?

All camp activities are run by suitably qualified staff. Camp staff will brief students at the commencement of each recreation activity. This briefing includes program outline, equipment use, safety parameters/checks and the ethos of 'Challenge by Choice' which is to encourage students to give maximum effort and challenge themselves to the level they feel is appropriate.

## External Activities

On Saturday night, our teens will be transported via bus to **Archie Brothers Cirque Electriq, Karrinyup** to enjoy dinner, plus laser tag, bowling & other activities from 5-8pm. Staff and volunteers will be supervising the evening.

## Sunday - Kids Activity Day

We will again be holding a Kids Activity Day on Sunday 10<sup>th</sup> December from 9am – 12pm for our younger transplant recipients aged 4-9 years old. Activities will include:

- **Lost Pilots (4+)** - Using CB radios and navigation skills find the remnants of a helicopter crash without being taken prisoner. Once all remnants have been located, track down the lost pilot and bring him to safety. A great team building program completed with adult/volunteer assistance.
- **Kite Making (4+)**- Design, colour, build and fly your very own personalised kite. Fly your kite over 15m in the sky.

## Sunday 10<sup>th</sup> December – TAWA Members & Friends Christmas Picnic

At the conclusion of the camp, after you collect your children, head to Whitford Nodes Park for our Transplant Australia (WA) Members & Friends Christmas Picnic which commences at 12.30pm. All transplant recipients and their families are welcome. BYO picnic.

## Contact

If you have any queries, please contact:

Julie Scudds  
Transplant Active Event Coordinator  
Transplant Australia Ltd  
M: 0428 191 292  
[Julie.scudds@transplant.org.au](mailto:Julie.scudds@transplant.org.au)

## Emergency Camp Contacts:

Should you need to contact us during the weekend, please call the following camp supervisors:

Julie Scudds 0428 191 292  
Alana Prince 0418 394 832

# PACKING LIST

**Please make sure that all items are labelled, as all clothing and equipment is the responsibility of the owner.**

- Sleeping bag or single sheet and doona or sufficient blankets.
- Pillowcase – or own pillow if preferred
- Towels (1 bath towel & 1 beach towel)
- Appropriate clothing for 2 days (Check the forecast before we go)
- Bathers/Rashie
- Jumpers
- T-shirts
- Long pants and shorts
- 3 pairs socks
- underwear
- Pyjamas
- Hat or cap
- Runners/closed in shoes
- Thongs or sandals for beach activities
- Toiletries - toothpaste, toothbrush, shampoo, deodorant, soap etc.
- Lip balm (windy weather = chapped, dry lips)
- Water bottle.
- Sunglasses.
- Sunscreen.
- Insect repellent (roll-on)
- Plastic bags for wet/dirty clothes
- Torch for spotlight
- Camera (bring at own risk)
- Personal medicine (which needs to be in a labelled zip-lock bag and given to the camp facilitator along with completed Medication Chart)**

# CAMP ITINERARY

*'subject to change*

## Friday 8<sup>th</sup> December 2023

- 4.00 pm -5.00 pm Arrive at Ern Halliday for **Transplant Active Camp (10-17 years)**
- 5.00 pm Move to dorms, make beds, unpack.
- 5.00 pm – 6.00 pm Camp Activity (Orienteering)
- 6.00 pm Dinner
- 7.30 pm Camp Activity (Escape the Night)
- 9.00 pm Prepare for bed.

## Saturday 9<sup>th</sup> December 2023

- 7.30 am Breakfast
- 9.00 am -10.30 am Teen Camp Activity (Beach team building/paddling)
- 10.30 am Morning Tea
- 11am -12.30 pm Teen Camp Activity (Lost Pilot)
- 12.30 pm Lunch
- 1.30 pm – 3.00 pm Teen Camp Activity – (Flying Fox/Abseiling)
- 3.00 pm Afternoon Tea
- 3:30 pm Free Activity time – Basketball hoops, volleyball nets
- 4.00 pm Dorm time/Showers
- 4.30 pm Bus to Karrinyup Shopping Centre
- 5.00 pm **Archie Brothers Cirque Electriq, Karrinyup**  
Bowling, dinner, Laser tag, arcades
- 8.00pm Bus back to camp
- 9.00 pm Prepare for bed.

## Sunday 10<sup>th</sup> December 2023

- 7.30 am Breakfast
- 8.30 am – 10 am Camp Activity for **Teens** (Caving)
- 9.00 am Kids arrive for **Kids Activity Day (Ages 4-9)**
- 9.00 am – 10 am Camp Activity for **Kids** (Lost Pilots)
- 10.00 am Morning Tea
- 10.30 am -12 pm Camp Activity for **Teens** (Crate Climb)  
Camp Activity for **Kids** (Kite Making)
- 12.00 pm Pack up dorms
- 12.30 pm Leave Ern Halliday with Parents
- 12.30 pm Families meet at Whitford Nodes Park for  
**TAWA Members & Friends Christmas Picnic**