

FAMILY SUPPORT WEEKEND

6 – 8 June 2025

Welcome to the Transplant Australia WA Family Support Weekend for families, couples, and individuals.

The 2025 family support weekend will commence on Friday 6th June 2025 from 3pm at Boshack Outback Eco-Stay in Bolgart WA. This booklet provides you with detailed information and will greatly assist you in preparing for the weekend.

The aim of the family support weekend is to give the transplant community the opportunity to engage in peer support providing advice and education in a relaxed social setting. This is aimed at all transplant recipients, donor families and living donors, whether you're a couple, a family, or an individual, who wish to participate in activities and educational opportunities to share knowledge and experiences.

About Boshack Outback

The privacy and tranquillity makes Boshack the ideal location for time out with family and friends – happily relaxing, reading, bird watching, bush walking, exploring, and a wonderful outback landscape with quiet grazing cattle, full of amazing wildflowers, organic vegetables and plants springs and canoeing or watching other farm animals you could feed and pet, watch the sunset and enjoy the sky at night. This is the true Australian outback experience!

At Boshack Outback, you will see the beauty of a moonlit silhouette across the quiet rippling waters of Lake Serene, as you sit around the seasonal campfire under a sky full of twinkling bright stars. Go to sleep with the silence of the bush and wake up to the beautiful chorus of singing birds and experience the awesome sunrise over the lake.

The Cost

Transplant Australia (WA) has received a grant from Lotterywest to be able to hold the Family Support Weekend, covering most of the cost, however there is a small fee to cover incidentals as set out below:

Family	\$150.00
Couple	\$100.00
Individual	\$50.00

Should your application be successful, you will be invoiced for this amount from Transplant Australia in April 2025 which is to be paid by 15th May 2025. Please note that places are limited and not everyone may be successful in their applications.

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Getting There:

Boshack Outback is located at 640 Wattening Spring Road, Bolgart WA.
Please head out from Perth via Toodyay Road, and follow the directions below:

- From Toodyay, head northwest on Telegraph Road toward Drummond St for 2.2km
- Continue onto Toodyay-Bindi Bindi Road 23.8 km
- Turn right onto Wattening Springs Road 6.4km
- Turn right onto Boshack Outback Road 1km

ARRIVAL: Check in is from 3pm

Welcome Pack

All attendees will be given a welcome pack, comprising of a satchel, water bottle, hat and other goodies.

What to Pack

It is important that attendees do have clothing that is appropriate to the weather and our activities. There are several physically active experiences so please ensure that you and your family have shoes and clothes that are suitable to run and climb in and a water bottle to remain hydrated. Don't forget to include warm clothing, rain jacket and sunscreen!

Please ensure you bring your pillow, bedding (doona or sleeping bag), towels, torch, insect repellent and/or facial fly nets, and your sense of adventure and smile!

Accommodation

There are a range of accommodation options available at Boshack Outback and you will be advised of your allocation before the weekend commences. The options include:

- Camp sites (unpowered) with shared bathrooms
- Family Cabins (sleep 5) with shared bathrooms
- Small family cabins (sleeps 3) with shared bathrooms
- Family Cabins (sleep 5) with ensuite
- Small family cabins (sleep 3) with ensuite
- Dorm Cabins (sleep 4) with shared bathrooms

Please note that there are limited options for couples – please consider dorm options for greater flexibility. We will endeavour to accommodate all accommodation requests however this may not always be possible. If you require special sleeping arrangements, please contact us as soon as possible.

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The Itinerary

Attached is the itinerary outlining the activities and experiences that we will all be enjoying whilst at Boshack Outback. With a large range of activities on-site, there will be no shortage of fun things to do over the weekend, including time to relax and enjoy the outdoors.

Planned Activities

We have planned a range of group activities over the weekend for participants. All activities are optional; however, we are providing both high impact (active) and low impact (gentle) activities for the weekend with the overriding philosophy of development, fun and enjoyment. Each attendee will get the opportunity to participate in 4 group activities over the weekend, with ample time to enjoy other activities at your own pace. Some of these will include:

- Boomerang Throwing
- Water Divining
- Free Range horse feed
- Aboriginal Dreamtime
- Lifestyle and Culture of our Forefathers
- Marron Netting (seasonal)
- Net Fishing
- Sustainable Environment & Living
- Lakeside Relaxation
- Bushwalk
- Canoe on Lake Serene
- Campfire and Stargazing
- Pioneer Living
- Paperbark forest walk
- Historic well
- Pioneer heritage
- Outdoor Adventure
- Fauna and Flora
- Team building activities
- Canoe challenge
- Raft building
- Billy tea & damper
- Trailer hayride

Saturday Evening Special Event

This year, our gala event on Saturday night is **"Transplant's got Talent"**. If you can sing, dance, do magic tricks, lip sync or even fancy yourself a comedian – the night is your oyster!!

With specialty judges and PA system and music available, this is your chance to be centre stage solo, or with your family or friends to entertain us all. Prizes will be awarded on a range of criteria, including best act, best costume, funniest act, solo, group and more.

Meals & Special Dietary Requirements

All meals will be included in the weekend, including billy tea and damper. Meals will be held in a group setting.

If you or one of your family members requires a gluten free or special diet, please let us know. We will be following the recommended food choices for transplant recipients (see www.transplant.org.au/living-with-your-transplant/transplant-friendly-foods/)

Emergency Contact Forms

If your application is successful, emergency contact forms for the camp will be emailed to you for completion and return by 15th May 2025.

General

We anticipate that there will be a great deal of interest in the 2025 weekend. Therefore, we will be applying a strict formula for applications, and submission of EOI is not a guarantee of acceptance. Some things to consider are:

Families are limited to immediate family only (ie mum, dad & kids). Couples refers to you and your partner/immediate relative/carer.

Key Dates

05 March 2025	Expressions of Interest Open
31 March 2025	Closing Date for Expressions of Interest
15 April 2025	Notification of Acceptance & Invoice sent
15 May 2025	Invoice Payment Due
6 th June 2025	Family Support Weekend Commences.

Contact

If you have any queries, please contact:

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