

transplant
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Play Well to Heal Well



National Participation Plan

By the Transplant Community; For the Transplant Community

2026 – 2028

Acknowledgements

Transplant Australia acknowledges the Traditional Owners of Country throughout Australia and recognises their continuing connection and contribution to land, water, body and spirit. We pay our respects to Elders past, present and emerging.

Transplant Australia would like to thank our State Committees, and our Sport Advisory Committee Members for their contributions and co-design of this plan.

Transplant Australia would also like to acknowledge the support from the Australian Sports Commission in developing and the ongoing delivery of this plan that aligns with Play Well – Australia's Sport Participation Strategy

Feb 2026 Version (Final)

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Strategic vision and impact

Transplant Australia Vision: All people, All transplants, Here for life.

Intended Impact: To support all those on the transplant journey to have the best chance of a healthy life while encouraging all Australians to embrace organ and tissue donation.

Strategically, Transplant Australia aims to:

- Contribute to the increase for organ and tissue donation rates through our Advocacy and Storytelling Pillar,
- Activate our community to maximise participation for long-term health outcomes through our Active Lifestyles pillar, and;
- Empower our community to manage their health and live their best lives through our Transplant Education and Support pillar.

Within the Transplant Australia Strategic Plan “Active Lifestyle” pillar, four primary initiatives are identified:

1. Transplant Games and Community Celebration
2. Transplant Active
3. Sporting Pathways
4. Member Activity Support

Transplant Australia’s Play Well National Participation Plan operationalises the sport and physical activity elements of the current Strategic Plan by highlighting within the strategic initiatives, the specific focus areas and success measures, and how they align to the Play Well – Australia’s Sport Participation Strategy.

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Participation by numbers

Transplant Australia participation numbers in **2024 - 2025**

3698

Transplant Australia members

576

2024 Australian Transplant Games entrants

118

2025 World Transplant Games Australian team entrants

76

Transplant Australia Football Club affiliations

50+

sports and physical activities sessions

40

Multi-class Classifications in Cycling, Athletics and Swimming

Our growth goals for participation for **2026 and beyond**

10%

increase in number of quality sport and physical activities sessions or Members year on year

15%

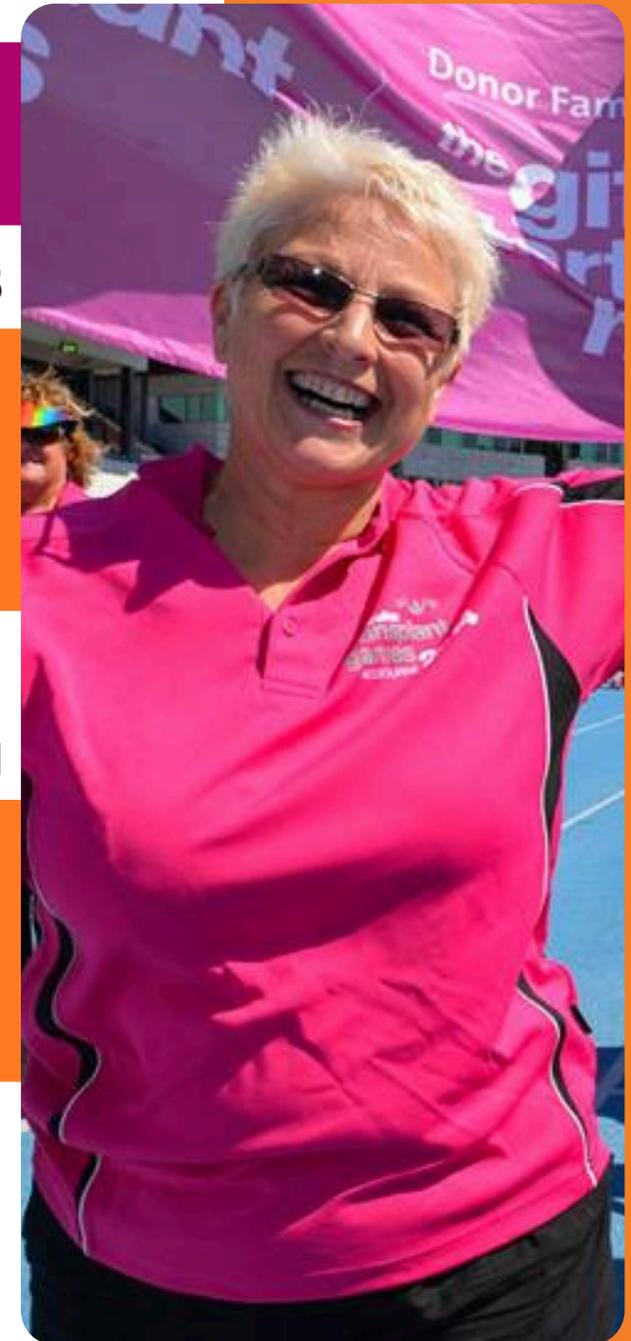
increase year on year of Australian Transplant Games entrants

5%

increase year on year of Transplant Australia members

"Eight years after organ failure requiring transplant, I felt I began to heal. This was due to my participation in the Australian Transplant Games. My experience was truly life reimaged"

Transplant Athlete



Defining transplant sport and activity

Transplant Australia, while recognised by the Australian Sports Commission (ASC) as a National Sporting Organisation for People with Disability, is also a national support charity. We advocate and educate within the transplantation and donation health and public policy sectors, and the wider community across Australia. Our goal is to support everyone on the transplant journey to have the best possible chance of a healthy life through increased physical activity.

We define transplant sport and physical activity participation and Transplant Australia's role within that - as creating opportunities and support for our members, specifically transplant recipients, living donors, their family and carers, donor families and the medical community to use physical activity as a means of recovery, social connection and celebration in long-term health.

Transplant Australia caters to members across a wide range of physical capabilities - from first movements following serious illness through to elite representation.

The Transplant Continuum

The challenge is simply to move each group to the right



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This includes transplant-specific activity opportunities, social competitions, national and representative transplant sport, and pathways for returning to mainstream sport at all levels.

Transplant's Australia aim is to meet our members where they are at on their physical activity journey and support their progress along the recovery continuum.

Inclusive and Diverse Transplant Sport

Our Inclusive Values

At Transplant Australia, we are committed to fostering a culture of inclusion, diversity, equity, and sustainability in all aspects of our approach to participation. We strive to create welcoming, accessible, and culturally safe environments where people of all backgrounds, identities, and abilities feel valued and supported.

We actively work to remove barriers to participation, promote fair and equitable opportunities, and reflect the diversity of the community we serve.

Through responsible and sustainable practices, we aim to ensure our programs and events have a positive and lasting impact on individuals, communities, and the environment.



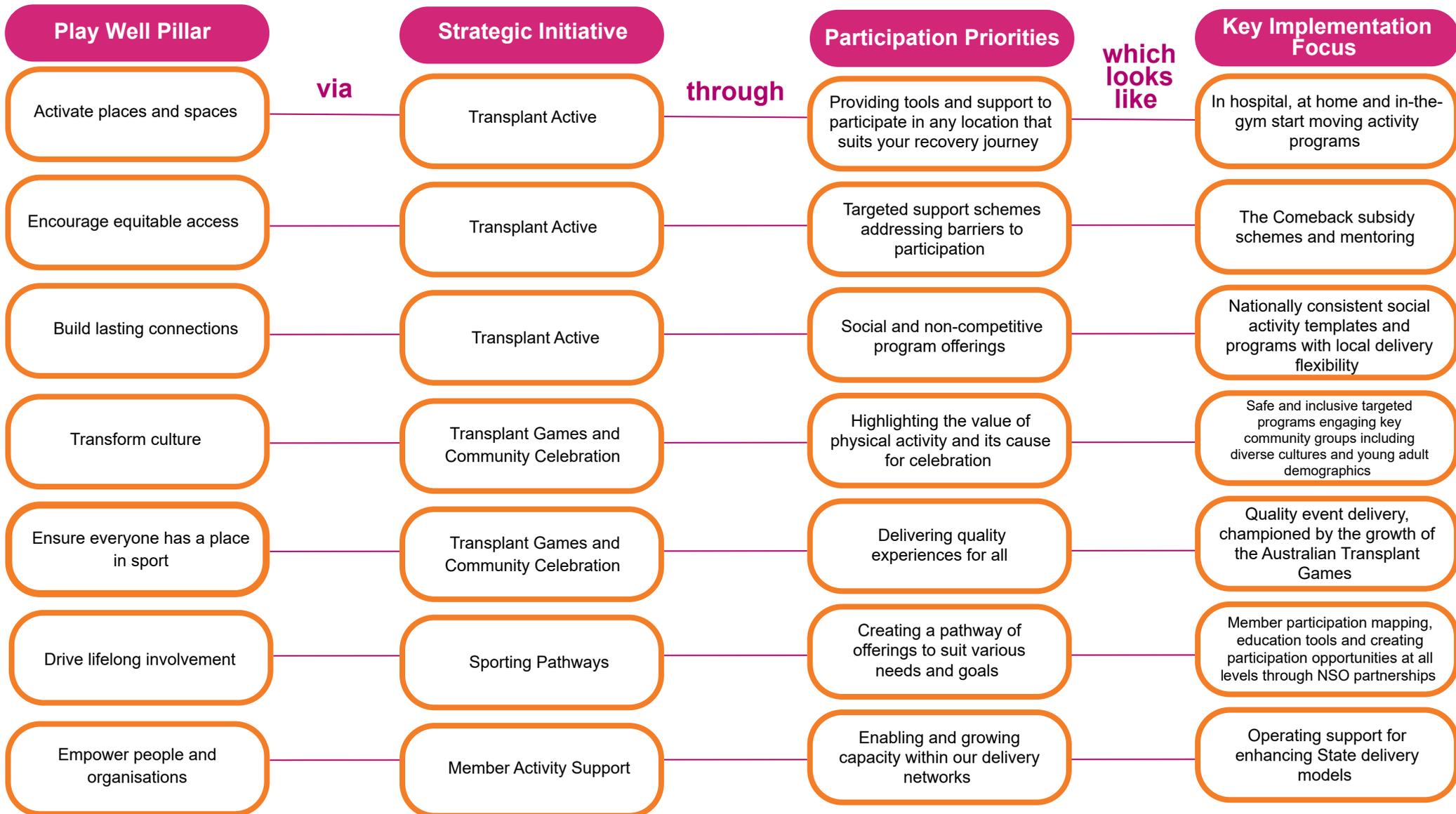
Our sport and physical activity ecosystem

People	Places	Partners	Programs <i>(major deliverables)</i>
<ul style="list-style-type: none"> • Transplant Recipients • Living Donors • Donor Families • Family, Friends and Carers • Volunteers • Fundraisers • Medical and allied health Professionals • Public health advocates 	<ul style="list-style-type: none"> • Sport and Leisure Venues • Hospitals and rehabilitation units • Homes • Open spaces 	<ul style="list-style-type: none"> • Federal, State and Local Government • Hospitals and transplant units • Corporate sponsors and commercial partners • Australian Sporting Alliance for People with a Disability • National Sporting Organisations (NSO) • Charities, foundations and community organisations • World Transplant Games Federation • World Transplant Games Country Members • Support services • Equipment providers 	<ul style="list-style-type: none"> • Australian Transplant Games • World Transplant Games • Transplant Australia Football Club • Transplant National Team Program (Football World Cup) • Transplant Camps and Retreats • Transplant Active social and training days • The Comeback support subsidy and mentoring scheme • Sport pathways and classification program • National integrity program • Online support, resources and digital physical activity challenges

Transplant Australia delivery structures include staff managed major events and programs, and volunteer State committees delivering local activity.

Play Well Participation Strategic Approach

To create active lifestyles and enable our people to “play well to heal well” we will;



Key deliverables and success measures

Strategic Initiative	Major Deliverables	Success Indicators	Yearly Targets		
			2026	2027	2028
<i>Transplant Games and Community Celebration</i>	Australian Transplant Games	Quality event delivery through increased registrations and establishment and ongoing improvement of attendee satisfaction scoring	Min. 650 registrations		Min. 750 registrations
	World Transplant Games	Growth in participation and performance of Australian team competitors		Min. 135 Australian Team Members	
<i>Sporting Pathways</i>	Transplant Active national annual activity schedule, operating model and resource update	10% increase in number of quality sport and physical activities sessions or Members year on year	55+ Sessions & 1,000+ Participants	60+ Sessions & 1,100+ Participants	65+ Sessions & 1,200+ Participants
	Transplant Australia Football Club	Total 10% club affiliate growth year on year	83+ players	92+ players	100+ players
	Australian Transplant Football Team – Transplant Football World Cup (2026 + 2028)	National Team Performance results	Men's - Podium result Women's - Top 6 result		Men's - Podium result Women's - Podium result
<i>Transplant Active</i>	Starting Sport / Sport Pathways Tool Kits	5,000+ unique engagements with digital tools			
	The Comeback mentoring and subsidy scheme	60+ support subsidies and mentoring programs delivered			
<i>Member Activity Support</i>	Committee operating guidelines and support resources	Introduction of capacity benchmark scoring and annual increases			

Transplant Australia's current Strategic Plan will be renewed at the end of 2026, with a minor review process scheduled for the Transplant Australia Play Well National Participation Plan in early 2027 to ensure ongoing strategic alignment, progress and success.

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PLAYWELL
Everyone has a place in sport